

QUESTIONS RHYTHMIC GYMNASTICS



GENERALITIES

1. In which situation is it NOT possible for a gymnast/Group to repeat her exercise:

- A. During the exercise, the lights in the arena turn off
- B. The gymnast throws her apparatus and it is stuck in the ceiling and she cannot retrieve it
- C. The gymnast is competing with hoop and her ball music is played
- D. In the middle of the exercise, there is a loud sound which interrupts the music caused by the sound system

2. Which statement is NOT correct regarding the Difficulty judges:

- A. There are 4 D judges
- B. Each subgroup (2+2) gives a common score
- C. The D score is the average of the 2 middle scores
- D. All are correct

3. Which statement is correct regarding the Execution judges:

- A. 4 Execution judges for World Championships
- B. Final E score: average of two subgroups
- C. Final E score with 5 judges: average of the 3 middle scores
- D. 5 Judges for international tournament

4. During an international tournament, there is one panel of 9 judges; 5 are from the organizing country. Which of the following statements is true for this international tournament?

- A. A neutral judge should be invited to assume the duties of the Superior Jury
- B. This tournament will not be valid for the judges' evaluation
- C. The judging panel should be assisted by a Coordinator Judge
- D. All of the above

5. During a hoop exercise, the gymnast throws the hoop too far and it bounces outside boundary of the floor area and returns to her by itself. What is the penalty by the Coordinator Judge?

- A. 0.30
- B. 0.10
- C. No Penalty
- D. None of the above

6. During a ribbon routine, the gymnast performs a large circle over the boundary of the floor area without the ribbon touching the floor. What is the penalty by the Coordinator Judge?

- A. 0.30
- B. 0.10
- C. No Penalty
- D. None of the above

7. During a ball exercise, the gymnast loses the ball and she steps over the boundary of the floor area to retrieve it. What is the penalty by the Coordinator Judge:

- A. 0.30+0.30
- B. 0.30+0.10
- C. 0.10+0.10
- D. 0.30

8. During a Group exercise, one of the gymnast reaches for the apparatus and ends the exercise with her foot outside the boundary of the floor area. What is the penalty by the Coordinator Judge?

- A. No penalty (final movement)
- B. 0.30
- C. 0.10
- D. 0.50

9. At the end of her exercise, a gymnast attempts to catch the Hoop from her final throw and on the final movement, the Hoop is lost and crosses the boundary of the floor area. What is the penalty by the Coordinator Judge?

- A. No penalty (final movement)
- B. 0.30 apparatus crossing the floor area
- C. 0.10 apparatus crossing the floor area
- D. None of the above

10. During her ball exercise, a gymnast loses the apparatus outside the floor area and the Line Judge hands her the ball and she continues her exercise. What is the penalty by the Coordinator Judge for unauthorized retrieval?

- A. 0.70
- B. 0.30
- C. 0.50
- D. No penalty

11. During her ribbon routine, a gymnast throws the ribbon across the floor and she immediately takes the replacement apparatus close to her. The first ribbon lands in the far corner inside the carpet area. What is the penalty by the Coordinator Judge?

- A. 0.30 for crossing the boundary
- B. 0.50 for use of a replacement
- C. Answers A and B
- D. No penalty

12. If the ribbon of a Group gymnast breaks during the exercise, she/the Group may:

- A. Start the exercise over again
- B. Be penalized 0.50 for broken apparatus by the Execution judge
- C. Continue with a broken apparatus
- D. Use a replacement apparatus

13. During a clubs exercise, a gymnast attempts to catch one club between her foot and the floor on the final movement. During the catch, the club breaks in half. What is the penalty?

- A. 0.50 Coordinator Judge for use of a broken apparatus
- B. The routine will not be evaluated
- C. 0.70 Execution judge
- D. No penalty (last movement)

14. A gymnast performs her exercise with blue bandaging on her knee. What is the penalty by the Coordinator Judge?

- A. No penalty
- B. 0.30
- C. 0.50
- D. None of the above

15. Which of the following is NOT a penalty by the Coordinator Judge for 0.50?

- A. Early or late presentation by the gymnast or the Group
- B. Gymnasts warming up in the competition hall
- C. Group gymnasts communicating verbally with each during the exercise
- D. Dress of the gymnast not conforming to regulations

16. Which of the following statements **is correct**?

- a. The Difficulty (D) for Individual exercises consists of: Body Difficulty (D), Dance Steps combinations (S →→→) and Apparatus Mastery (M)
- b. The Difficulty (D) for Individual exercises consists of: Body Difficulties, Dance Steps combinations, and Dynamic elements with Rotation
- c. The Difficulty (D) for individual exercises consists of: Body Difficulty (D), Dance Steps combinations (S →→→), Dynamic Elements with Rotation and throw R^{\uparrow} , and Apparatus Mastery (M)
- d. All of the above statements are correct

17. Which of the following Difficulty (D) requirements **is not correct**?

- a. Minimum 6 and maximum 9 Body difficulties (D)
- b. Minimum 1 Dance Steps combination (S →→→)
- c. Maximum 3 Dynamic elements with Rotation and throw R^{\uparrow}
- d. Minimum 1 Apparatus Mastery (M)

18. Which of the following groups of Body Difficulties presentation in an Individual exercise

is not correct?

- a. 2 \wedge 2 T 2 \circ
- b. 4 \wedge 4 T 1 \circ
- c. 3 \wedge 3 T 3 \circ
- d. 3 \wedge 2 T 2 \circ



19. Which of the following statements concerning Multiple Rotation Difficulty **is not correct**?



- a. 2 or more Pivots and "Fouette" performed with heel support, count as 2 Difficulties
- b. 2 or more Pivots with different shapes connected without heel support count as 1 Difficulty
- c. 2 or more identical or different shape "Fouette" connected with heel support count as 1 Difficulty
- d. No bonus given for connection



20. Which of the following statements concerning Mixed Difficulty **is not correct**?



- a. 2 or more different Difficulties from the same or different body elements groups
- b. Each component counts as 1 Difficulty
- c. Rotation Difficulties can be connected either with plie-releve or from releve to flat foot, or another part of the body
- d. Mixed Difficulty connected without interruption = the value of the Difficulty + 0.20

21. Which of the following values of Multiple Rotation and Mixed Difficulty is **not correct**?

a. ( 1  2) = 0.10 + 0.20

b. ( 1  2) = 0.00 + 0.20

c. ( 1  2) = 0.00 + 0.60 + 0.10

d. ( 1  2) = 0.40 + 0.60 + 0.10

22. Which of the following statements is **correct**?



- a. Each Body Difficulty is counted only once, either isolated or as a part of a Multiple Difficulty or Mixed Difficulty
- b. A repetition of the same shape regardless of the presence/absence of rotation, or walkover, or the number of body rotations, or “Slow Turn”, or body wave, is not counted
- c. As an exception, the repetition of the same shape in the case of a series (maximum 3) of the same Jumps/Leaps and Rotations, the Difficulty is counted
- d. All of the above statements are correct

23. Which of the following statements is **not correct**?

A Body Difficulty is valid if executed:

- a. With a minimum of 1 Fundamental Technical element specific to each apparatus during an isolated Difficulty or during each component of a Multiple Rotation Difficulty (Pivots) and Mixed Difficulty
- b. Without loss of the apparatus during the Difficulty, including 2 Clubs
- c. Static apparatus
- d. Any Rotations performed after a “hop” or “slide”, will not be valid, only those Rotations performed before the fault will be valid

24. Which of the following statements is **not correct**?

- a. In an exercise the gymnast can perform one “Slow Turn” in “releve” and one on flat foot
- b. The “Slow Turn” is not authorized on the knee, on the arms, or in “Cossack” position
- c. Elements with body rotation such as walkover and rolls () and/or full body waves () can be added before or after the Difficulties, providing that these elements must end in the corresponding Difficulty or must begin immediately at the end of the Difficulty
- d. Repetition of the same body rotation element performed with different technique or start position is not allowed

25. Which of the following sequences is **not correct**?

In the series of 3 Leaps Difficulty it is possible to perform:

- a. ↗ apparatus, 1st. Leap during the flight of apparatus, ↓ apparatus during the 2nd. Leap,
∞ of apparatus during the 3rd. Leap
- b. ↗ apparatus during the 1st. Leap, 2nd. Leap during the flight of apparatus,
↓ apparatus during the 3rd. Leap
- c. ↗ apparatus, 2 Leaps during the flight of apparatus, ↓ apparatus during the 3rd. Leap
- d. 3 different types of apparatus ∞ during 3 Leaps

26. Which of the following statements is **not correct**?

Dance steps combinations **S** →

- a. **Is required:** minimum of 1 **S** → during a minimum of 8 seconds in accordance with the tempo and rhythm of the music, and coordinated with a minimum of 1 Fundamental apparatus group
- b. The **S** → should convey the character and emotional response to the music through body and apparatus movements, and showing different rhythmical patterns with the apparatus in motion
- c. Can be performed with partial or complete travelling
- d. During the entire combination the **S** → should be coordinated with the Fundamental and the Other Apparatus Technical elements from the same and/or different groups, or series, including small and large throws

27. Which of the following statements is **correct**?

- a. The Fundamental Technical groups of apparatus work must be predominant in each exercise (more than 50%)
- b. Penalty by Difficulty (D) Judge: 0.50 for absence of Fundamental Group predominance specific to each apparatus
- c. Apparatus technical elements are not limited but cannot be performed identically
- d. All of the above statements are correct

28. Which of the following statements is **not correct**?

- a. The unstable balance element ∩ is considered Static apparatus, except Ball and Club(s) balanced behind the back during body movements with rotation
- b. The ∩ is not valid when the apparatus is held firmly or squeezed by one or several parts of the body during more than one body movement + penalty for static apparatus
- c. Static apparatus: the apparatus is held during the preparation movement for a Difficulty and the Difficulty itself or two successive Difficulties
- d. Penalty by Execution (E) judge: **0.30** for Static apparatus

29. In an exercise, which of the following requirements **is correct** concerning the number of Dynamic elements with rotation and throw (R^{\uparrow})

- a. Minimum 1
- b. Minimum 1 to maximum 3
- c. None or to maximum of 3
- d. None of the above

30. Which of the following statements **is not correct**?

- a. The value of (R^{\uparrow}) = the base value 0.10 + 0.10 for each additional criteria
- b. If the gymnast makes a minor adjustment before the catch (1 small step standing or on the floor), the catch criteria of R^{\uparrow} will be cancelled
- c. Rotation element "Chaine" can be used only once as part of R^{\uparrow} , isolated or in a series of 2 – 3 "Chaines"
- d. The same pre-acrobatic element used as a part of a Body Difficulty, can be also performed as part of R^{\uparrow} , isolated or in a series of 2 – 3 elements

31. Concerning Apparatus Mastery, which of the following statements **is not correct**?

- a. There is no limit in the use of Apparatus Mastery. On the official Difficulty form the Apparatus Mastery is identified as M (value **0.20**)
- b. Apparatus Mastery consists of apparatus elements combinations, necessarily including non-ordinary/ original apparatus elements
- c. Value of Mastery elements cannot be given in addition to the value of (D) or S \rightarrow
- d. Apparatus Mastery can be performed with or without throw and with a risk of loss of apparatus

32. Which of the following examples **is not** a valid criteria for Apparatus Mastery?

- a. "Dive Split Leap" followed by 2 rolls on the floor
- b. M must include a body rotation element
- c. 3 transmissions (3^{\times}) without the help of the hands with at least 2 different body parts
- d. Double or triple (\uparrow or \uparrow) "Cascade" throw and/ or catch of 2 Clubs

33. What **is the correct** penalty for the following faults and who deducts it?

Use of Space:

- a. Lack of variety in the use of levels (gymnast in flight, standing, on the floor, etc.): **0.30** by the Execution Jury
- b. Lack of variety of directions of body/apparatus movements (forward, backwards, etc.) **0.20** by the Execution Jury
- c. Lack of variety in the use of levels, directions and modalities of travelling **0.30** by the Difficulty Jury
- d. The floor area is not completely used **0.20** by the Difficulty Jury

34. Which of the following penalties by the Difficulty (D) Jury is **not correct**?

- a. **0.30** if the form/exercise consists of less than 2 or more than 4 Difficulties of each Body movements group
- b. **0.30** if the exercise accidentally stops for a long time due to a serious execution fault
- c. **0.50** if the form/exercise is missing 1 Dance Steps Combination (S →)
or more than 3 Dynamic Elements with Rotation (R)
- d. **0.30** for incorrect calculation of total value of all the Difficulties or the value of each composition component

ROPE

1. A Rope exercise contains 5 Jump/Leap, 2 Balances, 2 Rotations. Which is correct?
 - a. There are 9 difficulties in the exercise, so no problem.
 - b. It's correct because the jumps/leaps is the compulsory body movement for the rope.
 - c. There can be a maximum of 4 difficulties from each Body Movement Group in the exercises. 0.30 point penalty.
 - d. There can be a maximum of 4 difficulties from each Body Movement Group in the exercises 0.20 point penalty.

2. A gymnast passes through the rope and performs « Echappé » during a Dance Steps Combination. During this :
 - Feet caught in the rope when the gymnast tries passing through the rope
 - After this short interruption, she continues the steps and performs « Echappé »

Which is correct?

- a. The Difficulty judge gives a penalty because the gymnast didn't have a correct Dance Steps Combination.
 - b. The Difficulty judge doesn't give any penalty because the dance steps combination is on the form. The Execution judge gives a penalty.
 - c. Both of the judges, Difficulty and Execution, give a penalty.
 - d. The Difficulty judge gives a penalty, 0.30 points.
3. During the rope exercise, the gymnast catches the rope in flight with 1 step during DER.
 - When the gymnast catches the rope, it's not held at both ends.
 - 1 missed rotation by the gymnast compared to what was declared on the form.

Which is correct?

- a. The Difficulty judge gives only the elements which the gymnast performs
 - b. This element is not valid for DER.
 - c. This element is valid for DER ; however, the Difficulty judge gives the penalty 0.20 points.
 - d. None of these answer.
4. During the rope exercise, the symbol of the split leap with ring was not correct on the official form. Which is correct?
 - a. The difficulty does not count as a difficulty and no penalty.
 - b. The difficulty does not count as a difficulty but give the penalty.
 - c. The difficulty counts as a difficulty.
 - d. None of these answers

5. During the rope exercise, the gymnast makes the following mistakes :
- Static apparatus
 - Non authorized pre-acrobatic element
 - Loss of the apparatus and retrieval after the travelling with 2 steps

What is the penalty ?

- a. 0.90 points
- b. 1.00 points
- c. 1.10 points
- d. 1.30 points

6. During the rope exercise, the gymnast makes the following mistakes:
- Loss of one end of the rope and immediate retrieval
 - Incorrect handling of rope, 3 times
 - Heavy landing after a leap/jump

What is the penalty ?

- a. 0,30 points
- b. 0,40 points
- c. 0,50 points
- d. 0,60 points

7. During the rope exercise, the gymnast makes the following mistakes :
- Knot in the rope but the gymnast can still pass through with a jump/leap
 - Lack of amplitude in the shape of a jump/leap
 - Passing into the rope with jumps/leaps, then loss of one end of the rope, and loss of balance with support on one hand.

What is the penalty ?

- a. 0.50 points
- b. 0.70 points
- c. 0.80 points
- d. None of these answer.

8. During the rope exercise, the gymnast makes the following mistakes :
- Loss of one end of the rope with a short stop in the exercise
 - Feet caught in the rope
 - Involuntary wrapping around the leg
 - No contact with the apparatus at the end of the exercise

What is the penalty ?

- a. 1.00 points
- b. 1.20 points
- c. 1.30 points
- d. None of these answers

9. During the rope exercise, the gymnast makes the following mistakes :
- « Echappé » during a balance, incorrect catch with incorrect amplitude
 - Loss of balance and additional movement with travelling

What is the penalty ?

- a. 0.30 points
- b. 0.40 points
- c. 0.50 points
- d. None of these answer

10. During the rope exercise, the gymnast makes the following mistakes :
- Feet caught in the rope during series of steps
 - Heavy landing after the jumps/leaps
 - During DER at the end of the exercise, the gymnast loses the rope

What is the penalty ?

- a. 0.60 points
- b. 0.70 points
- c. 0.80 points
- d. 0.90 points

11. During the rope exercise, a gymnast performs a Mixed Difficulty :

- 3 rotations above the head with the rope folded in two during Pivot in « Passe ».
- « Echappé » with Penche Rotation.

Which is correct ?

- a. Both of them are valid as difficulties
- b. Only the Pivot in « Passe » is valid as a difficulty.
- c. Only the Penche Rotation is valid as a difficulty.
- D Both of difficulties are not valid.

12. During the rope exercise, a gymnast performs a Mixed Difficulty :

- Passing into the rope with a split leaps with ring.
- After one step, balance difficulty, level B.

Which is correct ?

- a. Only the jump/leap difficulty is valid
- b. Only the balance difficulty is valid.
- c. This difficulty count as 2 difficulties for mixed difficulty.
- d. Both of difficulties are valid and penalized 0.20 points.

13. During the rope exercise, a gymnast performs a Mixed Difficulty :

- Passing into the rope with a Jump Difficulty.
- Then perform 720° pivot difficulty.
- Support on the heel during 2nd rotation (720°).

Which is correct ?

- a. Only the jumps/leaps difficulty and pivot (360°) count as a difficulty.
- b. The jumps/leaps difficulty and pivot (360°) count as a difficulty, but deduct 0.10 for connection.
- c. Only the jumps/leaps difficulty count as a difficulty.
- d. None of these are correct.

14. During the rope exercise, a gymnast performs a Mixed Difficulty :

- 2 rotations of the rope above the head with the rope held in two with a Jump Difficulty
- Balance Difficulty on the landing foot with « Echappé ».

Which is correct ?

- a. This is valid as the mixed difficulty.
- b. Give the value as 2 difficulty for the mixed difficulty.
- c. The jumps/leaps difficulty is not valid; only the balance difficulty is valid.
- d. Give the additional points, 0.20 point as a connection.

15. Which of the following statements is not correct?

- a. In a Mixed Difficulty, each Difficulty counts as one Difficulty.
- b. Repetition of the same body difficulty is not allowed.
- c. The same leaps/jumps difficulty can be used maximum 2 times.
- d. The jumps/leaps difficulties should have a defined and fixed shape during the flight.


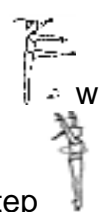

16. Which of the following statement is not correct ?

- A The jumps/leaps difficulty is not allowed without connection with the apparatus.
- b. The gymnast can have a step for connection during a mixed difficulty from jumps/leaps to a balance difficulty.
- c. It's possible to perform 2 successive identical jumps/leaps as a series of jumps/leaps.
- d. A minimum of 1 Fundamental Technical element is required during the jumps/leaps difficulty.


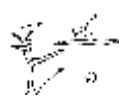

17. Which of the following statement is not correct?

- a. During the Multiple Rotation Difficulty, if the gymnast does not have any interruption in 3 difficulties, she receives 0.10 points as a bonus.
- b. The Multiple Rotation difficulty counts as 1 difficulty.
- c. In a Mixed Difficulty, each component counts as 1 difficulty.
- d. In the case of a Mixed difficulty which contains a jumps/leap and balance difficulty, if the gymnast couldn't do the balance difficulty, only the jumps/leaps difficulty counts.




18. What is the value for following difficulties?

	 1step	 without step	
a	0.70	0.30	0.50
b	0.70	0.40	0.50
c	0.60	0.30	0.60
d	0.60	0.30	0.60

19. What is the value for following difficulties?





			
a	0.80	0.50	1.10
b	0.80	0.50	1.00
c	0.80	0.50	1.50
d	0.90	0.40	9.00

20. What is the value for the following difficulties?

Mixed Difficulty			
a	0.80	0.80	0.70
b	0.60	0.70	0.60
c	0.60	0.70	0.70
d	0.60	0.50	0.80





21. What is the symbol for the following element?

-Series of rotations, Rope folded in two

- a. 
- b. 
- c. 
- d. 









22. What is the symbol for the following element?

- Wrappings around the ankle with Penche Rotation

- a. 
- b. 
- c. 
- d. 

23. What is the symbol for the following element ?

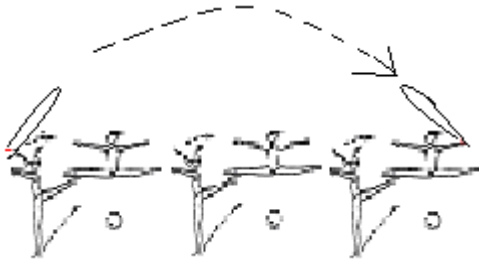
- Rotation of the open rope, held by the end, with dance step

- a.  
- b.  
- c.  
- d.  

24. What is the total value for the following element?

- Throw the rope with the turning split leap, turning split leap during the flight of the rope, catch the rope on the 3rd leap in series.


	Value
a.	1.50
b.	1.00
c.	1.10
d.	0.90



25. What is the total value for the following element?

- Passing through the rope with a jump/leap difficulty, then rotation of the rope during a balance difficulty.

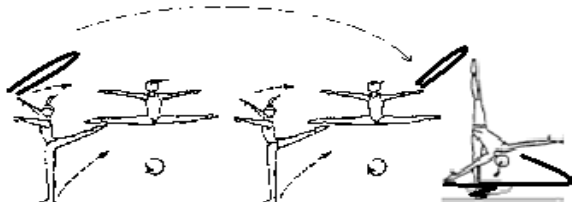
	Value
a.	0.30
b.	0.50
c.	0.60
d.	0.70



26. What is the total value for the following element?

- Passing through the rope with the turning split leaps twice (series), then Echappé with the one « Penche » rotation.

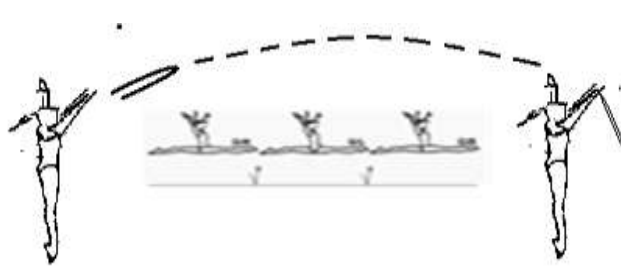
	Value
a.	0.80
b.	1.00
c.	1.50
d.	1.20








27. What is the total value for the following element?

Throws of the rope, then 3 successive jumps/leaps without steps, then catch of the rope.






	Value	
a.	0.50	3 —
b.	0.60	—
c.	0.40	3 —
d.	0.00	



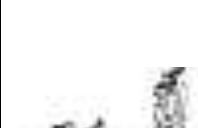




28. What is the symbol and the value for the following jumps/leaps?

	a.		0.30
	b.		0.40
	c.		0.40
	d.		0.30






29. What is the symbol and the value for the following jumps/leap?

	a.		0.30
	b.		0.20
	c.		0.40
	d.		0.30






30. What is the symbol and the value for the following jumps/leap?

	a.		0.30
	b.		0.30
	c.		0.40
	d.		0.50

31. What is the symbol and the value for the following jumps/leap?

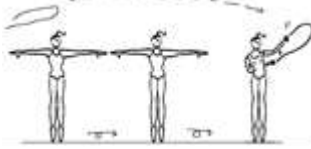



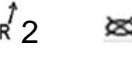
	a	 0.20
	b	 0.40
	c	 0.20
	d	 0.30

32. What is the symbol and the value for the following jumps/leaps?

	a	 0.50
	b	 0.40
	c	 0.30
	d	 0.40


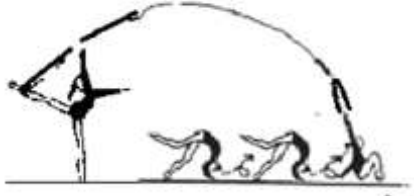
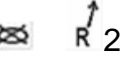
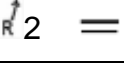

33. What is the symbol and value for the following DER?

Throw the rope and, after double chaine, catch both of the ends, one hand is behind,.

	Value		
a.		0.20	
b.		0.30	
c.		0.40	
d.		0.50	


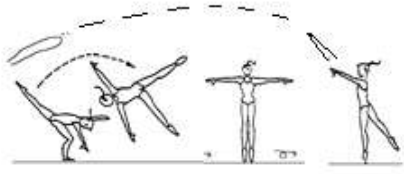


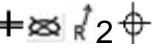
34. What is the symbol and value for the following DER?

Throw the rope with one foot from behind, catch immediately after two forward rolls.

	Value	
a.	 0.40	
b.	 0.30	
c.	 0.30	
d.	 0.20	


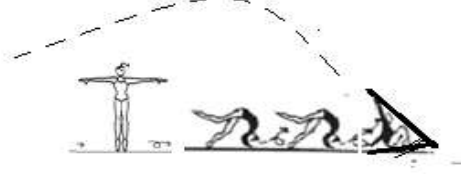
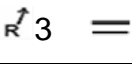


35. What is the symbol and value for the following DER ?

Throw the rope with Butterfly, catch immediately after the one chaine.

	Value	
a.	 0.00	
b.	 0.10	
c.	 0.20	
d.	 0.50	

36. What is the symbol and value for the following DER ?


Throw of the Rope, Chaine and two forward rolls, catch by mixed catch with foot and hand.

	Value	
a.	 0.30	
b.	 0.40	
c.	 0.50	
d.	 0.50	

37. What is the symbol and value for the following DER ?

Throw the rope from behind with the leg, catch on the leg during a balance with back bend immediately after double roll forward :

	Value	
a.	$\overset{\curvearrowright}{R} 2 \otimes$	0.30
b.	$\otimes \overset{\curvearrowright}{R} 2 \otimes$	0.40
C.	$\otimes \overset{\curvearrowright}{R} 2 \otimes \oplus$	0.50
d.	$\oplus \otimes \overset{\curvearrowright}{R} 2 \otimes \oplus$	0.60



38. Which of the following statements is correct about jump/leap Difficulties in the rope exercise ?

-Split jump/leap with ring

-Then split jump/leap with ring, take off from both of feet

- Both of jumps/leaps with ring are valid.
- These are valid as a different shape of difficulty of the jumps/leaps with ring.
- These are the same shape of jumps/leaps, so only first jumps/leap is valid.
- These are the same shape of jumps/leaps; however, the gymnast can use both of them as jump/leap difficulties.

39. Which of the following statements is correct about Difficulty in a rope exercise ?

-Balance at the horizontal with bent forward, the rope folded in half in the back.

-Rotation with 2 fast rotations of the rope above the head.

- Both of the difficulties, balance and pivot, are valid
- Balance difficulty is not with a fundamental technical element, so only the Rotation is valid
- Pivot difficulty is not performed with a fundamental technical element, so only the Balance is valid.
- None are correct.

40. Which of the following statements is correct about Difficulty in a rope exercise ?

- Series of skip, passing through the rope with cross and open arm 3 times, then a split leap with ring, take-off from both feet with double rotation of the rope.

- Rotation of the rope with split jump, take-off from both feet, then a balance with body below the horizontal.



- a. The split jumps/leaps in ring are the same shape so only the first jumps/leap is valid as a difficulty.
- b. The value of difficulty is $0.20 + 0.20 + 0.50 + 0.10$.
- c. The value of difficulty is $0.20 + 0.20 + 0.50$.
- d. None of these answers.

41. Which is correct about the rope exercise?

- 3 times in a row the same jump/leap ()



- a. $0.30 + 0.30 + 0.30$
- b. $0.40 + 0.10 + 0.40 + 0.10 + 0.40$
- c. $0.40 + 0.40 + 0.40$
- d. None of these answer.

42. Which is correct about the rope exercise?

-A gymnast performs a vertical jump with rotation of the body () then the ring jump with take-off from both feet (). What is the value ?



- a. $0.20 + 0.40 + 0.20$
- b. $0.20 + 0.40 + 0.10$
- c. $0.10 + 0.30 + 0.20$
- d. $0.20 + 0.40$

43. Which is correct about the rope exercise?

-A gymnast performs a vertical jump with rotation of the body () then a ring jump with take-off from both feet (). However, the ring jump was not correct. What is the value?



- a. $0.20 + 0.10$
- b. $0.20 + 0.20$
- c. 0.20
- d. None of these answer.

44. Which is correct about the rope exercise?

—A gymnast performs a split leap with back bend of the trunk () , then 2 rotations ( 2) without any extra step. What is the value?


- a. $0.40 + 0.60 + 0.10$
- b. $0.40 + 0.50 + 0.10$
- c. $0.40 + 0.60 + 0.20$
- d. None of these answer.

45. Which is correct about the rope exercise?

- A gymnast performs a split leap with back bend of the trunk () , then directly into 2 rotations of the pivot ( 2) on the landing foot. However, she supports herself on the heel after the first rotation.


- a. $0.30 + 0.50$
- b. $0.40 + 0.30 + 0.10$
- c. $0.30 + 0.30$
- d. $0.40 + 0.30$

46. Which is correct about the rope exercise?

—The rope folded in half performs three rotations above the head during 2 rotations ( 2)).

- a. $0.40 + 0.40 + 0.10$
- b. $0.40 + 0.30 + 0.20$
- c. $0.30 + 0.30$
- d. $0.40 + 0.20 + 0.10$

47. Which is correct about a rope exercise?

— « Echappé » with balance with body at the horizontal level and flat foot ().

- a. 0.50
- b. 0.40
- c. 0.30
- d. 0.20


48. Which is correct about a rope exercise?

—Balance with wrapping of the rope around her wrist.

- a. 0.50
- b. 0.40
- c. 0.30
- d. 0.00




49. Which is correct about a rope exercise?

- The rope folded in half performs three rotations above the head during a « Cossack » balance, the free leg is high up with 180° slow turn ().

- a. 0.20+0.10
- b. 0.30
- c. 0.20
- d. 0.00

50. Which is correct about a rope exercise?

- « Echappé » with « Penche » rotation ( 2).

- a. 0.40+0.20
- b. 0.30+0.30
- c. 0.40+0.40
- d. 0.40+0.10

HOOP

1. How many jumps/leap difficulties must be in a hoop exercise?
- Minimum 4
 - 2 to 4
 - 1 to 4
 - None of these answers.
-

2. How many balance difficulties must be in a hoop exercise?

- 4 or less than 4
 - 3 or 4
 - 2 to 4
 - None of these answers.
-



3. How many points are given for the following difficulty and by whom? During the flight of a split leap gymnast hold the hoop with the left hand

- 0.3 : D judges
 - 0.2 : judge N 1 of the D jury
 - 0 : D judges
 - 0.3 : judge N1 of the D jury
-



4. What is the penalty for a hoop exercise with 4 jump/leap difficulties, 2 rotation difficulties, 3 balance difficulties?

- 0.30 + 0.30 + 0.30 : D judges
 - 0.30 + 0.30 : D judges
 - 0.50 : judge N1 of the D jury
 - No penalty
-

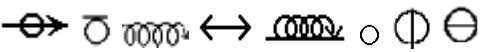
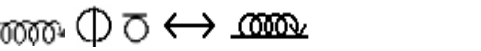
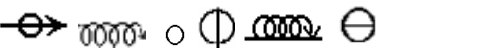
5. What is the penalty for a hoop exercise which, with regards to the requested number, has on additional balance difficulty and a missing rotation difficulty and who gives the penalty?

- 0.30 : D judges
 - 0.50 : D judges
 - 0.60 : judge N1 of the D jury
 - 0.30 + 0.30 : D judges.
-




6. What is the penalty for a hoop exercise with 2 balances, 4 rotations and 3 jump/leaps? Who deducts it?

- a. 0.30 + 0.30 + 0.30 : D1 judges
 - b. 0.30 : : D judges
 - c. 0.30 + 0.30 : D1 judges
 - d. No penalty
-

7. Which are the symbols for the fundamental apparatus technical groups of the hoop?

- a. 
 - b. 
 - c. 
 - d. None of these answers?
-

8. Which of the following movements does not belong to the other apparatus technical groups for hoop?

- a. 
 - b. 
 - b. 
 - c. None of these answers?
-

9. Which of the following difficulties have a value of 0.10 points?



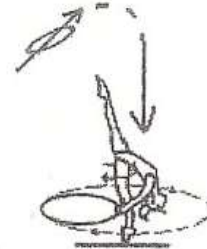
a.



b.

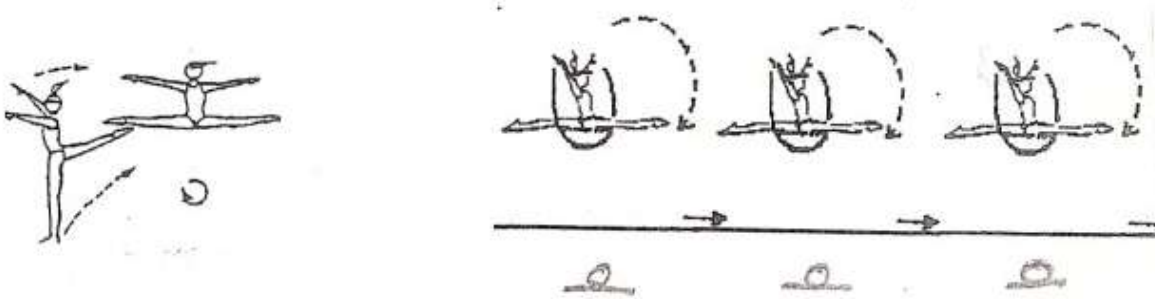


c.



d.

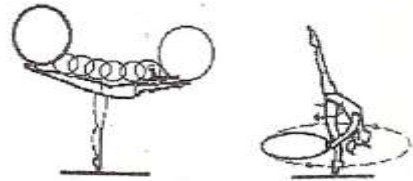
10. A gymnast performs 3 turning split leaps (series) with transmission of the hoop under the legs during each leaps. What is the value of this body difficulty?



- a. $0.20 + 0.10 + 0.20 + 0.10 + 0.20 = 0.80$
 b. $0.50 + 0.50 + 0.50 = 1.50$
 c. $0.30 + 0.30 + 0.30 = 0.90$
 d. 0.30

11. What is the value for the following mixed difficulty (given by whom)? Front scale with long rolling of the hoop over the whole lengths of the body and rotation of 360° with free leg high up, body bent below horizontal, impulse with the foot to the balance position with rotation of the hoop.

- a. $0.20 + 0.20 + 0.20$: D judges
 b. $0.40 + 0.50 + 0.10$: E judges
 c. $0.40 + 0.40 + 0.20$: D judges
 d. $0.40 + 0.50 + 0.10$: D judges

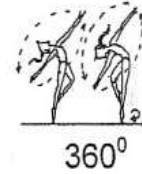
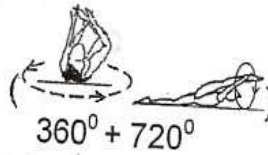


12. What are the values of the following rotation difficulties (360°)?



- | | | | | |
|----|------|------|------|------|
| a. | 0.50 | 0.50 | 0.40 | 0.40 |
| b. | 0.30 | 0.30 | 0.40 | 0.40 |
| c. | 0.40 | 0.40 | 0.40 | 0.50 |
| d. | 0.50 | 0.40 | 0.50 | 0.50 |

13. What are the values of the following rotation difficulties?



- | | | | | |
|----|------|------|------|------|
| a. | 0.60 | 0.40 | 0.60 | 0.30 |
| b. | 0.70 | 0.60 | 0.80 | 0.40 |
| c. | 0.80 | 0.30 | 0.90 | 0.30 |
| d. | 0.50 | 0.80 | 0.70 | 0.40 |
-

14. In the hoop exercise the gymnast performs “arabesque” pivot in 720°: during the second rotation the gymnast does 1 -2 steps and total loses balance and falls. What is the value of the pivot difficulty and what is the execution penalty?

- a. D – 0.60; E – 0.50
 b. D – 0.20; E – 0.40
 c. D – 0.60; E – 0.70
 d. D – 0.00; E – 0.70



15. What is the total execution penalty? During the hoop exercise the gymnast makes the following execution mistakes:

- 3 times the hoop hops during a roll.
- Absence of body and facial expression in the majority of the exercise
- 1 time loss of the hoop and catch with one step.

- a. 1.00
 b. 1.10
 c. 1.30
 d. None of the above
-

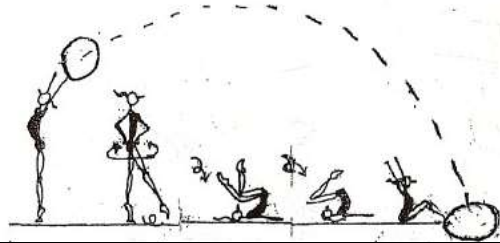
16. The gymnast ends her exercise after music and finishes her exercise without apparatus. What is the penalty?

- a. 0.90
 b. 0.60
 c. 1.00
 d. 1.20
-

17. What is the value of the following dynamic elements with rotation and throw
 (R↑)

Throw of the hoop without visual control, 1 chainne and then 2 rolls and catch the hoop immediately on the floor without hands

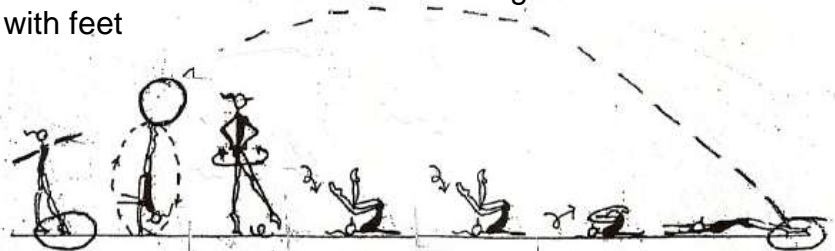
- a. 0.50
 b. 0.40
 c. 0.60
 d. 0.70



18. What is the value of the following dynamic elements with rotation and throw
 (R↑):

Throw of the hoop without hands and without visual control during illusion forward 3 rolls, catch lying on the floor with feet

- a. 0.7
 b. 0.6
 c. 0.8
 d. 0.5



19. What is the total execution penalty? During a hoop exercise the gymnast makes the following execution mistakes:

- Loss of the hoop 2 times and retrieval without traveling
- 2 times hops during the rotations
- 5 times absence of harmony between the rhythm of the music and the movement

- a. 0.90
 b. 1.00
 c. 1.10
 d. None of the above

20. What is the total execution penalty?

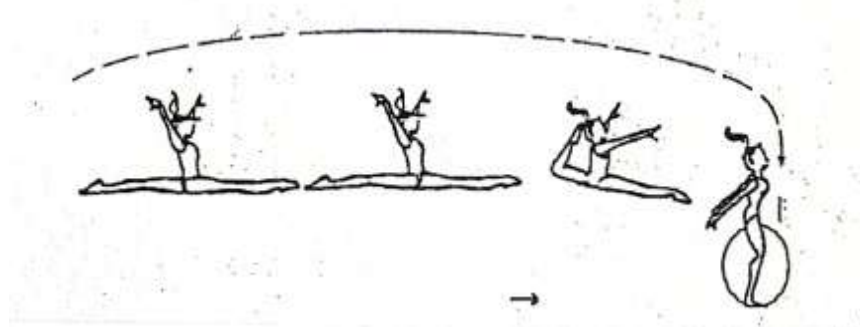
During a hoop exercise the gymnast makes the following execution mistakes:

- 3 times imprecise trajectory and catch in flight with 3 or more steps
- Incorrect catch of the hoop with 2 steps – 2 times.

- a. 1.20
- b. 1.10
- c. 1.30
- d. 0.90

21. What is the value for the following combination of leaps (given by whom)?

Throw the hoop at the beginning of 2 successive split leaps without intermediary step, one step, split leap with ring. Catch the hoop between both legs.



- a. 0.60 : D judges
- b. 0.90 : judge N1 of the D jury
- c. 0.00 : D judges
- d. None of the above

22. What is the value for the following body difficulty element?

Start on the floor, walkover, and “penche” with balance 2 rotations of the hoop with the free leg.



- a. 0.40
- b. 0.60
- c. 0.80
- d. None of these answers.

23. What is the penalty if a gymnast after 3 large throws, catches the hoop with an imprecise trajectory with 3 steps – 3 times? Who gives this penalty?

- a. 0.6 E judge
- b. 0.3 D judge
- c. 0.90 E judge
- d. 0.90 D judge

24. Which statement is correct?
- a. In an exercise with hoop, a gymnast can perform 4 dynamic elements with rotation.
 - b. In an exercise with hoop, a gymnast can repeat the difficulty – 1 in isolated and 1 time mixed.
 - c. In an exercise with hoop, a gymnast can't repeat any difficulty whether isolated, mixed or multiple.
 - d. All of the above are incorrect.
-

25. In an exercise a gymnast performs a pivot in "arabesque"



With hoop in unstable position between her legs and hands:

Is this difficulty valid and if not, what is the penalty and who gives this penalty?

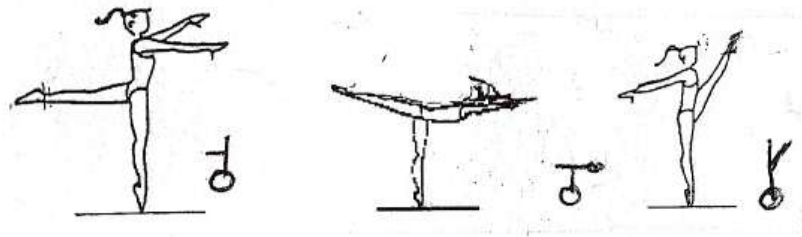
- a. Difficulty is valid, no penalty.
 - b. Difficulty is not valid, static apparatus penalty by E judge – 0.30 points.
 - c. Difficulty is not valid, static apparatus penalty by D judge – 0.30 points.
 - d. None of the above answers are correct.
-

26. What is the value of this difficulty?



- a. 0.1
 - b. 0.3
 - c. 0.5
 - d. None of these answers are correct.
-

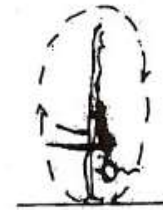
27. In a hoop exercise, is this mixed difficulty valid?



- a. No, all difficulty is cancelled.
 - b. Yes, because there is a movement of body axis.
 - c. Yes, but there is a penalty for insufficient variety.
 - d. The second difficulty is cancelled.
-

28. What is the group of this difficulty?

- a. Flexibility
- b. Pivot
- c. Rotation
- d. Balance



29. What is the execution penalty for "lack of balance" between right/left hand work with hoop?

- a. 0.20
 - b. 0.30
 - c. 050
 - d. No penalty
-

30. How many rotation difficulties must be in a hoop exercise?

- a. Minimum 1
- b. Maximum 4
- c. Minimum 2 and maximum 4
- d. None of these answers.

BALL

1. **In final moment of her ball routine, a gymnast loses the ball and ends her exercise with the music but without the ball, which has left the carpet area.**

What is the penalty?

- a. 0.70—by Execution judge for loss at the end of the exercise (no contact)
0.30—by Coordinator judge for apparatus leaving the floor area
 - b. 0.70—by Execution judge for loss at the end of the exercise (no contact)
0.00—by Coordinator judge (apparatus leaving the floor area at the end of the exercise is not penalized)
 - c. 0.50—by Execution judge for loss at the end of the exercise (no contact)
0.00—by Coordinator judge (apparatus leaving the floor area at the end of the exercise is not penalized)
 - d. 0.50—by Execution judge for loss at the end of the exercise (no contact)
0.20—by Coordinator judge for apparatus leaving the floor area
2. **During her ball routine, a gymnast loses the ball outside the floor area. She remains inside the floor area when she retrieves her ball. What is the penalty?**
- a. 0.70—by Execution judge for loss outside the floor area (regardless of distance)
0.30—by Coordinator judge for apparatus leaving the floor area
 - b. 0.70—by Execution judge for loss outside the floor area (regardless of distance)
0.60—by Coordinator judge for apparatus leaving the floor area (0.30) + gymnast reaching outside floor area (0.30)
 - c. 0.70—by Execution judge for loss outside the floor area (regardless of distance)
0.00—by Coordinator judge because the gymnast remained inside the floor area
 - d. 0.50—by Execution judge for loss outside the floor area (regardless of distance)
0.20—by Coordinator judge for apparatus leaving the floor area

3. In a ball routine, the gymnast performs the following body difficulties:

$(\text{V}1 + \text{I}1)$
 $\frac{\text{e}}{\text{e}}$

$(\text{---} + \text{XV})$
 $(\text{V}2 + \text{b}3)$

What is the total number of body difficulties in this exercise?

- 11 body difficulties
 - 5 body difficulties
 - 7 body difficulties
 - 8 body difficulties
4. Regarding the exercise in question #3 above, what is the penalty taken by the D judge?
- 0.50 for more than 9 Difficulties declared
 - 0.50 for less than 6 Difficulties declared
 - 0.30 for less than 2 Difficulties from each group of body movements
 - 0.60 for less than 2 Difficulties from each group of body movements, penalty for each missing Difficulty

5. In a ball routine, the gymnast performs the following body difficulties:

e , XV , $(\text{V}1\text{V}2)$, I , $(\text{b}1\text{b}1)$, X , $\text{b}123$

What is the total number of Rotation difficulties in this exercise?

- 5 Rotation Difficulties
 - 7 Rotation Difficulties
 - 6 Rotation Difficulties
 - 4 Rotation Difficulties
6. Regarding the exercise in question #5, what is the penalty taken by the D judge?
- 0.30 for more than 4 Difficulties of each body group, penalty for each Difficulty above the number of authorized Difficulties
 - 0.30 for less than 2 Difficulties of each body group, penalty for each missing Difficulty
 - Only A
 - Both A and B
7. In a ball routine, the official form declares $\text{b}2$ but the gymnast performs $\text{b}2$. How does the D judge proceed?
- The Difficulty is not counted; no penalty
 - The Difficulty is not counted; 0.30 penalty for incorrect symbol
 - The Difficulty is valid; 0.30 penalty for incorrect symbol
 - The Difficulty is valid; no penalty

8. In a ball routine, the official form declares the following Mixed body difficulty: ($\overset{\text{I}}{\circ} 1 \overset{\text{I}}{\circ} 2$). During competition, the gymnast performs: ($360^\circ \overset{\text{I}}{\circ} + 360^\circ \overset{\text{I}}{\circ}$). What is the value?
- $0.30+0.40=0.70$
 - 0.00 because she did not perform what she declared
 - $0.30+0.40+0.10 \text{ connection}=0.80$
 - $0.30+0.40+0.20 \text{ connection}=0.90$
9. In a ball routine, the official form declares the following Mixed body difficulty: ($\overset{\text{I}}{\circ} 1 \overset{\text{I}}{\circ} 2$). During competition, the gymnast performs: ($320^\circ \overset{\text{I}}{\circ} + 720^\circ \overset{\text{I}}{\circ}$). What is the value?
- 0.00
 - $0.00+0.60+0.10 \text{ connection}=0.70$
 - $0.00+0.60+0.00 \text{ connection}=0.60$
 - $0.00+0.40+0.20 \text{ connection}=0.60$
10. In a ball routine, the official form declares the following Mixed body difficulty: ($\overset{\text{I}}{\circ} 1 \overset{\text{I}}{\circ} 2$). During competition, the gymnast performs: ($360^\circ \overset{\text{I}}{\circ} + \text{hop} + 360^\circ \overset{\text{I}}{\circ}$).
- 0.00
 - $0.30+0.40+0.00 \text{ connection}=0.70$
 - $0.30+0.00+0.00 \text{ connection}=0.30$
 - $0.30+0.00+0.1 \text{ connection}=0.40$
11. In a ball routine, the official form declares the following body Multiple rotation difficulty: ($\overset{\text{I}}{\circ} 2 \overset{\text{I}}{\circ} 1$). What is the value?
- $0.3+0.3+0.3+0.1 \text{ connection}=1.00$
 - $0.3+0.3+0.3+0.2 \text{ connection}=1.10$
 - $0.3+0.2+0.7+0.1 \text{ connection}=1.3$
 - $0.3+0.3+0.3=0.9$
12. In a ball routine, the official form declares the following body Multiple rotation difficulty: ($\overset{\text{I}}{\circ} 2 \overset{\text{I}}{\circ} 1$). During the competition, the gymnast performs: ($360^\circ \overset{\text{I}}{\circ} + 360^\circ \overset{\text{I}}{\circ}$). What is the value?
- $0.3+0.3+0.1 \text{ connection}=0.70$
 - $0.3+0.3 =0.6$
 - $0.3+0.3+0.2 \text{ connection}=0.8$
 - $0.3+0.7+0.1 \text{ connection}=1.1$

13. In a ball routine, the official form declares the following body Multiple rotation difficulty: ($\frac{1}{2}$ 2 $\frac{1}{2}$ 1). During the competition, the gymnast performs:

($500^\circ \frac{1}{2}$ $\frac{1}{2}$ + $300^\circ \frac{1}{2}$ $\frac{1}{2}$). What is the value?

- a. $0.3+0.00+0.20$ connection= 0.50
- b. $0.30+0.00+0.00$ connection= 0.3
- c. $0.60+0.00+0.00$ connection= 0.6
- d. $0.3+0.00+0.10$ connection= 1.1

14. In a ball routine, the gymnast correctly performs the following Mixed difficulty: ($\overline{\text{T}} + \overline{\text{T}}$): how many body difficulties is this and what is the value of this Mixed difficulty?

- a. 2 body difficulties/ $0.5+0.40+0.10$ connection= 1.00
- b. 2 body difficulties/ $0.50+0.40+0.00$ connection= 0.9
- c. 1 body difficulty/ $0.60+0.00+0.00$ connection= 0.6
- d. 1 body difficulty/ $0.3+0.00+0.10$ connection= 1.1

15. In a Ball exercise, the gymnast declares the following Mixed Difficulty:

Difficulty	
Value	0.6
($\overline{\text{V}}$ $\overline{\text{T}}$ + \leftrightarrow $\overline{\text{T}}$ $\overline{\text{T}}$)	

What is the penalty?

- a. 0.30 taken by the D judge for incorrect value of a Difficulty component (Mixed Difficulty)
- b. The jump is not valid because it is not performed with a Fundamental Technical element of the Ball
- c. No penalty
- d. 0.30 for incorrect symbol

16. A gymnast performs the following Rotation difficulty with the Ball placed in her back: Is the difficulty valid?




- a. No because “unstable balance” is not a Fundamental Technical Element of the Ball
- b. No because any “squeezed” apparatus is not valid as “unstable balance”
- c. Yes because the Ball in the back during a Rotation is considered “unstable balance”
- d. None of the above

17. On the official form, the gymnast declares the following difficulties:

 (front walkover)+  (0.50)

 (cartwheel)+  (0.60)

 (front walkover)+  (0.6)





- No penalty
- Repetition of the same body rotation element (different technique or start position) is not allowed; therefore, the second front walkover will be crossed off and only the value of the balance  (0.50) may be considered
- Repetition of the same body rotation element (different technique or start position) is not allowed; therefore, the entire third balance is invalid
- 0.30 taken by the D judge for unauthorized repetition

18. During her Ball routine, a gymnast performs a Dance Steps Combination

with the following apparatus elements:          . What is the value?

- 0.30 for all Dance Steps Sequence
- 0.40 because 1 additional technical element
- 0.00 because the apparatus groups must be different
- 0.00 because no Fundamental Technical Element of the Ball

19. Which of the following is not a Fundamental Technical Element of the Ball?

- 
- 
- 
- 

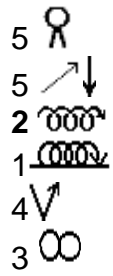
20. In a Ball exercise, the symbol  indicates:

- A bonus of 0.10 in Difficulty for catch of the Ball with one hand
- A Fundamental Technical Group of Ball: catch with one hand
- A Fundamental Technical Group of Ball: catch with one hand +0.10
- Other Technical Group of Ball: catch with one hand

21. The symbol  with the Ball means:

- “Flip over” movement of the Ball
- Figure eights with “flip over” with circumduction of the arm and ample body movement
- Rotations of the hand around the ball
- Roll of the body over the Ball on the floor

22. In a Ball exercise, the D judge observes the following:












Is there a penalty?

- a. No penalty
- b. 0.30 for missing 8
- c. 0.50 for absence of Fundamental Group predominance
- d. 0.30 for lack of equal distribution amongst the Fundamental Group elements

23. Which of the following is not a valid example of Unstable Balance with the Ball?

- a.
- b.
- c.
- d.

24. What is the value of the following jump:  with complete rotation and back bend of the trunk?
- 0.60 (Base 0.20 +0.10 +0.10 for 360 rotation +0.20 for back bend)
 - 0.50 (Base 0.20+0.10 for rotation +0.20 for back bend)
 - 0.20 (Base only: it is not possible to add rotation or back bend to this jump)
 - None of the above
25. In her Ball routine a gymnast performs the following difficulty balance Difficulty  during which she performs two small bounces of the ball (). Is this Difficulty valid?
- Yes because she has performed an element from the Fundamental Technical Groups for Ball
 - Yes because "Mastery" is not required
 - No because bounces with the Ball must be performed either as a series of 3 small bounces, 1 high bounce, or one visible rebound from a part of the body
 - No because bounces are not part of the Fundamental Technical Groups for Ball
26. In her Ball routine a gymnast performs the following: *Roll of the ball on the floor* () , *split leap* () , and then retrieves her Ball immediately after. Is this Difficulty valid?
- Yes because she performed an element from the Fundamental Technical Groups for Ball
 - No because she has not contact with the apparatus during the Body Difficulty
 - No because she must be on the floor to perform this apparatus element
 - None of the above
27. During the her Ball routine a gymnast performs the following Leap Difficulty: ; during the flight of the leap she performs a small throw without hands, lands, and catches the ball. Is this Difficulty valid?
- No because the small throw only has 1 criteria
 - No because a small throw must be with throw/catch
 - Yes because she has a technical element from one of the Other Apparatus Technical Groups
 - Yes because any Technical element on a Difficulty is valid as long as there is no execution mistake
28. A gymnast performs a rebound of the ball from her elbow and has enough time to perform one "chaine" element before she catches the ball and in a cartwheel. What is the value of this Dynamic Element with Rotation?
- Dynamic Elements of Rotation must be performed with a large throw; this is not valid
 -  = 0.4 (throw without the hands, one rotation under the flight, catch in a body rotation with change of axis during the catch)
 -  = 0.3 (throw without the hands, one rotation under the flight; the second rotation is after although she does change axis)
 -  = 0.2 (throw without the hands, one rotation under the flight; the second rotation is after so it is not valid)

29. On the official form for her Ball exercise, a gymnast declares the following Dynamic

Element with Rotation: $\text{R} \oplus \text{R} \uparrow 3$

During the competition she performs the following:

Throw of the ball from the foot during a front walkover, walkover under the flight, catch with 1 hand after 1 step, walkover.

What is the actual value of this Dynamic Element with Rotation?

a. $\text{R} \oplus \text{R} \uparrow 2 = 0.30$

Throw without the hands outside the visual field during a rotation, rotation under the flight, catch after 1 step (-0.10)

b. $\text{R} \oplus \text{R} \uparrow 3 = 0.5$

Throw without the hands outside the visual field during a rotation, rotation under the flight, catch on third rotation

c. $\text{R} \oplus \text{R} \uparrow 2 = 0.4$

Throw without the hands outside the visual field during a rotation, rotation under the flight, catch on third rotation with one step (-0.10)

d. 0.00 because one step taken

30. On the official form for her Ball exercise, a gymnast declares the following Dynamic

Element with Rotation:

$\text{R} \uparrow 3 \oplus \text{R} \downarrow = 0.5$

During the competition she performs the following:

Large throw, three "chaines," immediate catch into a roll of the ball across two arms with a small bounce of the ball during the roll.

What is the value of this Dynamic Element with Rotation?

a. 0.00

b. 0.30

c. 0.40

d. 0.50

31. During her Ball exercise a gymnast performs the following:

Large throw of the ball during a Leap Difficulty, 2 "chaines" under the flight and catch immediately during a forward illusion.

How many Body Difficulties must be declared and what is the value of this Dynamic Element of Rotation?

a. 1 Body Difficulty (Leap); DER=0.30 (3 rotations)

b. 2 Body Difficulties (Leap+Rotation); DER 0.30 (3 rotations)

c. 1 Body Difficulty (Leap); DER=0.40 (3 rotations +0.10 for during a Body Difficulty value 0.10)

d. 2 Body Difficulty (Leap+Rotation); DER=0.40 (3 rotations +0.10 for during a Body Difficulty value 0.10)

32. In a Ball exercise, a gymnast declares the following: $M \downarrow (\downarrow \downarrow \downarrow \otimes \circ)$.

As long as this element is “non-ordinary” (i.e., not performed by all gymnasts on a regular basis), is this valid according to the M criteria?

- Yes; it includes a Base from Other Technical Groups plus a minimum of 3 criteria
- Yes because it includes body rotation and Mastery must include body rotation
- No because Mastery must include also Dance Steps Combinations
- No because the Base must be from a Fundamental Group for Ball

33. In a Ball routine, a gymnast declares the following: $M \otimes \otimes \otimes (3 \otimes \otimes \otimes \circ)$. During the competition she performs the following without an execution fault: $M \otimes \otimes \otimes (3 \otimes \otimes \circ)$. What is the value of this Mastery element?

- 0.20
- 0.30
- 0.00
- None of these

34. In a Ball routine, a gymnast declares the following: $M \downarrow (\otimes \neq \circ \nearrow)$. During the competition she performs the following without an execution fault:

$M \downarrow (\otimes \circ \nearrow)$. What is the value of this Mastery element?

- 0.00 (she must perform exactly as written)
- 0.20 (she still has 3 required criteria and has no execution mistake)
- 0.30 (she performed three criteria correctly)
- 0.10 (the M value of 0.20 is downgraded by 0.10 because she skipped one declared criteria \neq)

35. In a Ball routine, a gymnast declares the following: $M \downarrow (\otimes \neq \nearrow)$. During the competition she performs the following without an execution fault:

$M \downarrow (\neq \nearrow)$. What is the value of this Mastery element?

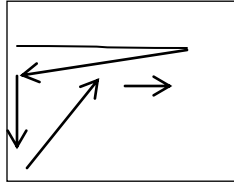
- 0.00 (she has only 2 criteria)
- 0.20 (she has no execution mistake so Mastery is OK)
- 0.10 (the M value is downgraded by 0.10 because she skipped one declared criteria \otimes).
- None of the above

36. In a Ball routine, a gymnast declares the following: $M^{\circ} (3 \neq \otimes \circ)$. During the competition, one of the transmissions is performed with a small bounce. What is the value of this Mastery element?

- 0.00
- 0.10
- 0.20
- 0.30

37. In a Ball exercise, a gymnast declares the following on the official form: 0 During the competition she performs 1. How does the judge proceed?
- The Difficulty is not counted; penalty 0.30 taken by the D judge
 - The Difficulty is not counted; no penalty
 - The Difficulty is counted; no penalty
 - The Difficulty is counted; penalty 0.30 taken by the D judge

38. During her Ball exercise, the E judge records the gymnast's movements on the carpet as the following: How does the Execution judge proceed?



- No penalty
 - Penalty 0.30; the floor area is not entirely used/lack of variety in the directions
 - Penalty 0.30; lack of variety in the travelling modalities
 - Penalty 0.30, static gymnast
39. In a Ball exercise, the Execution judge records 3 movements of the Ball in the Left hand. The remaining elements in the exercises are performed in the Right. How does the Execution judge proceed?
- No penalty
 - Penalty 0.10
 - Penalty 0.30
 - Penalty 0.50
40. During her Ball exercise, the gymnast loses the Ball 3 times: 1 time outside the floor area, another time after 5 steps, and a third time after 1 step. What Artistic fault will be penalized by the Execution judge for Unity of the Composition?
- 0.00
 - 0.10
 - 0.50
 - 1.00
41. A gymnast performs her Ball exercise with very good technical execution. Only in the very beginning and very end of her exercise are her movements connected with the upper body and head. Is there an Artistic fault?
- No penalties
 - 0.10: Isolated segmentary movements
 - 0.30: Absence of body and facial expression in the majority of the exercise
 - 0.50: Total absence of body (segmentary movements)

42. During her Ball exercise, a gymnast loses the Ball and runs for 4 steps before she takes the ball and resumes. What are the Execution penalties?
- 0.30 (Loss) + 0.40 (absence of harmony between rhythm of movements and music)
 - 0.50 (Loss) + 0.40 (absence of harmony between rhythm of movements and music)
 - 0.70 (Loss) + 0.10 (absence of harmony between rhythm of movements and music, one time)
 - 0.70 (Loss)

43. During her Ball exercise, a gymnast makes the following technical faults:
- Imprecise trajectory and catch in flight after 2 steps
 - Involuntary catch of the ball with both hands
 - Ball held against the forearm 3 times
 - Loss and immediate retrieval (**after one rebound**) without travelling

What are the total technical penalties?

- 0.50
- 0.60
- 0.70
- 0.80

44. During her Ball exercise, a gymnast makes the following technical faults:
- 2 hops during one fouette pivot
 - Loss and retrieval after 1 step
 - Bent knees 4 times

What are the total technical penalties?

- 0.7
- 1.1
- 1.2
- 1.3

45. During the final throw of her Ball routine, a gymnast attempts to catch the ball in her legs as her last movement and the ball rolls out of the carpet. She makes a pose without trying to retrieve the ball. What is the Execution penalty?
- Absence of harmony between music-movement at the end of the exercise: 0.50
 - Loss of the apparatus (no contact) at the end of the exercise: 0.70
 - Absence of harmony between music-movement at the end of the exercise due to a loss of the apparatus: $0.30 + \text{loss of the apparatus} = 1.00$
 - None of these

46. During her Ball exercise, a gymnast makes the following technical faults:
- Ball "squeezed" between her elbow and body
 - Incomplete roll over the body
 - Imprecise trajectory and catch in flight with 3 or more steps

What are the total technical penalties?

- a. 0.6
- b. 0.7
- c. 0.8
- d. 0.9

47. During her Ball exercise, a gymnast makes the following technical faults:

- Loss outside the floor area
- Visibly raised shoulders 4 times
- Ball held against the forearm 4 times

What are the total technical penalties?

- a. 1.0
- b. 1.3
- c. 1.5
- d. 1.7

48. During her Ball exercise, a gymnast throws the apparatus from her foot and must quickly run for 5 steps all along the diagonal of the floor area to retrieve the ball before it falls. What are the Execution penalties for this error?

- a. Imprecise trajectory (0.1) + Absence of absence of harmony between rhythm of movements and music (0.5)=0.60
- b. Imprecise trajectory (0.3) + Absence of absence of harmony between rhythm of movements and music one time (0.1)=0.40
- c. Imprecise trajectory (0.3) + Absence of absence of harmony between rhythm of movements and music (0.5)+Total absence of Unity (1.00)=1.30
- d. None of these

49. During her Ball exercise, a gymnast makes the following Execution faults:

- Loss and immediate retrieval (after one rebound) without travelling
- Finishing her last movement after the music has finished
- 2 interruptions in the character of music and the movements

What are the total Execution penalties?

- a. 0.6
- b. 0.8
- c. 1.0
- d. 1.3

50. During her Ball exercise, a gymnast makes the following Execution faults:

- 2 times segmentary movements
- Incorrect catch with the help of the body
- Traveling during a rotation

What are the total Execution penalties?

- a. 0.60
- b. 0.50
- c. 0.40
- d. 0.30

CLUBS

1. Which are the compulsory body movement groups of a clubs exercise?
 - a. Rotations and Balances
 - b. jumps / leaps
 - c. jumps/leaps, balances, rotations
 - d. jumps/leaps, balances, pivots, waves

2. What is the penalty if there are only 5 body movement difficulties in a clubs exercise?
 - a. 0,10 point
 - b. 0,20 point
 - c. 0,30 point
 - d. 0, 40 point

3. What is the penalty for a clubs exercise with 3 Balance difficulties, 2 rotation difficulties, 4 jump/leap difficulties ?
 - a. 0,30 + 0,30, D Judges
 - b. 0,50 : judge n°1 of the D Jury
 - c. 0,30 + 0,30 + 0,30: D Judges
 - d. No penalty

4. What is the penalty for a clubs exercise which has one additional jump/leap difficulty and a missing balance difficulty and who gives the penalty?
 - a. 0,30 + 0,30 : D judges
 - b. 0,60 : judge n°1 of the D Jury
 - c. 0,30 : D Judges
 - d. 0,50 : D Judges

5. What is the value for the following Dynamic Element with Rotation?
Large throw followed by « 2 Chainnes » and 2 illusions forward with an immediate catch outside the visual field after the 2nd illusion?
 - a. 0.20
 - b. 0.30
 - c. 0.40
 - d. None of these answers


6. If a gymnast ends her exercise after music when performing her last difficulty, what is the penalty who gives this penalty and is the difficulty valid?
 - a. 0.30 D judges and difficulty valid
 - b. 0.50 D judges and difficulty not valid
 - c. 0.50 E judges and difficulty not valid
 - d. No penalty

7. At the end of a gymnast's exercise, she was performing a Dynamic Element with Rotation and lost both her clubs; one of the clubs went outside of floor area. What is the total penalty?
 - a. 0.3 Coordinator Judge
 - b. 0.7 Execution Judge + 0.3 Coordinator Judge
 - c. 0.7 Execution Judge
 - d. 0.8 Execution Judge

8. What is the penalty for irregular movements during Mills?

- a. 0.1 Execution Judge
- b. 0.2 Execution Judge
- c. 0.1 Difficulty Judge
- d. None of the above

9. What is the symbol of Dance Step Combination?

a. 


b. S →

c. M

d. None of the above

10. When trying to catch her clubs after a large throw, a gymnast, retrieves it with "Imprecise trajectory and catch in flight with 1 - 2 steps;" what is the penalty and who gives this penalty?

- a. 0.1 E Judge
- b. 0.3 D Judge
- c. 0.3 E Judge
- d. 0.5 D Judge

11. What is the penalty and is the difficulty valid? Lack of precision in the work planes of the clubs during asymmetric movements during a balance difficulty  ?

- a. Difficulty not valid = 0, 0.1 penalty by E judge.
- b. Difficulty valid = 0.1, 0.1 penalty by E judge.
- c. Difficulty valid = 0.1, NO penalty by E judge.
- d. Difficulty not valid = 0, No penalty by E judge.




12. Which statement is not correct?

- a. The Length for music of an exercise is 1:15 to 1:30.
- b. A dance step combination can be Coordinated with fundamental and the other apparatus technical group(s) during 6 seconds.
- c. A gymnast has the right to restart her routine, under force major cases (mistakes of organizers.)
- d. A gymnast can use a replacement apparatus if her apparatus is broken.

13. Which statement is correct?

- a. In an exercise with clubs, a gymnast can perform 6 dynamic elements with rotations.
- b. In an exercise with clubs, a gymnast can't repeat any difficulty whether isolated, mixed or multiple.
- c. In an exercise with clubs, a gymnast can repeat the difficulty one time as an isolated difficulty and one time as mixed difficulty.
- d. All of the above are correct.


14. Which statement is not correct?

- a. Each component of the mixed difficulty counts as 1 difficulty.
- b. The connection of the mixed difficulty is without intermediary step () with or without heel support () in case of Rotation () either with plie-releve or from releve to flat foot, or another part of the body
- c. Connection without interruption: 0.10 point
- d. 2 or more same or different Difficulties from the same or different groups of body movements.



15. Which statement is _ correct? A Body Difficulty is valid if executed without one or more of the following serious Technical faults:

- a. Major alteration of the basic characteristics specific to each group of body movements
- b. Rotations: any rotations performed after a 'hop' or 'slide' (fault) will not be valid; only those rotations performed before the fault will be valid
- c. Loss of the apparatus during the Difficulty, including 1 or 2 Clubs
- d. Loss of balance during the Difficulty with additional movement with travelling; static apparatus.


16. What is the symbol of a series of small circles with both clubs?

- a. ○
- b. ×
- c. 
- d. ⊖


17. What is the symbol of a series of rolls of 1 or 2 Clubs on a part of the body or on the floor?

- a. 
- b. ∞
- c. ↗
- d. 







18. In an exercise a gymnast performs a balance  with clubs in an unstable position between her legs; is this difficulty valid, and if not, what is the penalty and who gives this penalty?

- a. Difficulty is valid, no penalty.
- b. Difficulty is not valid, static apparatus penalty by D Judge 0.3 points
- c. Difficulty is not valid, static apparatus penalty by E judge 0.3 points
- d. None of the above answers are correct.

19. What is the value of this difficulty ?

- a. 0.1
- b. 0.2
- c. 0.3
- d. 0.5

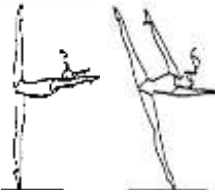
20. What is the symbol of turning split leap with back bend of the trunk?

- a. 
- b. 
- c. 
- d. 

21. In a Clubs exercise, is this mixed difficulty valid and can each difficulty be repeated separately?




- a. No; the entire mixed difficulty is cancelled as there is.
- b. Yes; the entire mixed difficulty is valid but each shape cannot be repeated separately.
- c. Yes; the entire mixed difficulty is valid and each shape can be repeated separately
- d. The second Difficulty is canceled and 0.1 for connection is also cancelled.





22. In a Clubs exercise, is this mixed difficulty valid?

- a. No; the entire mixed difficulty is cancelled.
- b. Yes, its valid.
- c. Yes, but there is a penalty for insufficient variety
- d. The second Difficulty is canceled and 0.1 for connection is also cancelled.



23. In a Clubs exercise, is it possible to have the following difficulties? Balance  and Fouetté

balance  that has the same  (leg at the horizontal)

- a. No, because there is a repetition of shape.
- b. Yes, because they represent different difficulties.
- c. First balance is counted and the second is cancelled.
- d. All the above answers are correct.

24. Which is the correct statement: If a symbol is incorrectly written:

- a. The difficulty is not counted and no penalty
- b. The difficulty is counted with 0.1 point penalty by D Judge
- c. The difficulty is counted and no penalty.
- d. All of the above answers are incorrect.

25. What is the group of this difficulty \underline{b} ?

- a. rotations
- b. pivots
- c. flexibilities
- d. balances

26. What is the value of this difficulty $\overline{4}$?

- a. 0.2
- b. 0.4
- c. 0.3
- d. 0.5

27. In an exercise, one of the clubs got caught in the small beams of the ceiling:

- a. The gymnast has the right to re-start her exercise again.
- b. The gymnast can use a replacement, but she will be penalized 0.5 points.
- c. The gymnast can use a replacement apparatus with no penalty applied.
- d. The gymnast can use a replacement apparatus and will be penalized only for the consequences.

28. Which statement is correct: In an exercise, one of the clubs broke at the last part of the exercise?

- a. The gymnast has the right to re-start her exercise again.
- b. The gymnast can use a replacement and will be penalized only for the consequence.
- c. The gymnast can continue her last part with a broken apparatus.
- d. The exercise will be evaluated until the part her apparatus broke.

29. A gymnast makes the following mistakes in her Clubs exercise:

- Absence of unity between the music and the exercise composition during a part of the exercise
- Twice: Absence of harmony between the rhythm and the character of the music and the movements
- Heavy Landing in a Jump
- Loss of clubs, ^{1st} clubs retrieved immediately and ^{2nd} after 2 steps

What is the total penalty by E judge?

- a. 1.0 point
- b. 1.3 points
- c. 1.1 points
- d. 1.2 points

30. A gymnast makes the following mistakes in her Clubs exercise:

- Absence of body and facial expression in the majority of the exercise
- Loss of balance with support on one hand during a balance difficulty
- Shape not fixed in a balance difficulty

What is the total penalty by E judge?

- a. 0.8 points
- b. 0.9 points
- c. 0.7 points
- d. 1.00 points

31. A gymnast makes the following mistakes in her Clubs exercise?

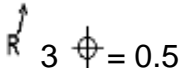
- Lack of precision in the work planes of the clubs during asymmetric movements
- Hops during a rotation
- Arms too far apart during mills

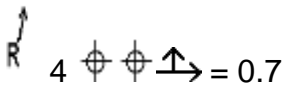
What is the total penalty by E judge?

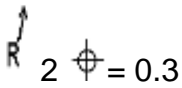
- a. 0.4 points
- b. 0.3 points
- c. 0.5 points
- d. All of the above answers are incorrect

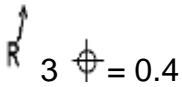
32. What is the value and symbols of the following Dynamic Element with Rotation?

Throw, 2 chaînés, illusion forward and catch during a forward walkover

a.  $3 \oplus = 0.5$

b.  $4 \oplus \oplus \rightarrow = 0.7$

c.  $2 \oplus = 0.3$

d.  $3 \oplus = 0.4$

33. Which of the following movements is not a typical movement of the clubs and therefore must not be performed identically during the composition?



34. Which of the following movements is not a typical movement of the clubs and therefore must not be performed identically during the composition?



35. Is it possible to perform in a clubs exercise the Balance difficulty “free leg at horizontal” ($\overline{F}0.2$) and then difficulty «slow turn» of 180° in «free leg at horizontal» position ($\overline{F}0.3$)?

- a. Yes, it is possible
- b. It is possible, but between the two difficulties the gymnast must perform 2 other difficulties
- c. No, it is not possible
- d. None of these answers

36. Is it possible to perform in a clubs exercise the Balance difficulty “arabesque” ($\overline{T}0.3$) and then difficulty «slow turn» of 180° in «free leg at front horizontal» position ($\overline{F}0.3$)?

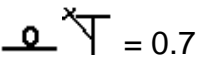
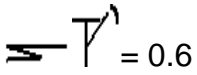
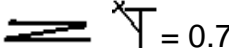
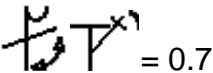
- a. Yes, it is possible
- b. It is possible, but between the two difficulties the gymnast must perform 2 other difficulties
- c. No, it is not possible
- d. None of these answers



37. If a Balance difficulties is performed without Fundamental and Other Apparatus Technical Groups, is it valid?

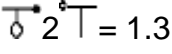
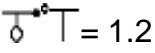
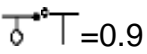
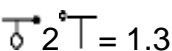
- a. Yes, if its shape is fixed and well-defined
- b. Yes, if it is performed on the toes or on the knee
- c. No the balance difficulty is not valid
- d. None of these answers



38. What is the value and symbols for the following Mixed Difficulty?

“Switch” split leaps, passing with straight legs ending with a balance with free leg high up back with help:

- a.  = 0.7
- b.  = 0.6
- c.  = 0.7
- d.  = 0.7

39. What is the value and symbols for the following Mixed Difficulty  720°  ?

- a.  = 1.3
- b.  = 1.2
- c.  = 0.9
- d.  = 1.3

40. A gymnast was performing a Mixed Difficulty as follows  (penche on flat foot)  when during her 2nd Difficulty she lost balance and supported herself on her clubs; is this Mixed Difficulty valid?

- a. Yes, the entire mixed difficulty is valid; Execution mistake only.
- b. Only the first difficulty will be valid and the rest will be cancelled including each 0.1 for connection.
- c. Only the second difficulty will be cancelled.
- d. None of the above answers are correct.

41. During an exercise with clubs, the gymnast makes the following mistakes:

- loss of 1 pair of clubs with immediate retrieval
- loss of both clubs and retrieves the farthest after 4 steps

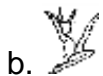
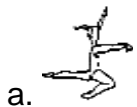
What is the penalty?

- a. 0.30
- b. 0.50
- c. 0.80
- d. 1.00

42. Which of the following difficulty has a value of 0.4?



43. Which of the following difficulty has a value of 0.2?



44. What is the meaning of this symbol in a clubs exercise?

- a. Throw with very quick rotations of a clubs.
- b. Asymmetric work of the clubs.
- c. Cascade" throws/catches (double, triple)
- d. All the answers above are correct.


45. What are the symbol and value for the following Dynamic Element with Rotation: throw of two clubs, 2 walkovers forward, and re-throw of 1 club during a cartwheel and catch the clubs on the floor with a mixed catch?

a. $R \uparrow 2 \downarrow \swarrow \neq = 0.4$

b. $R \uparrow 3 \oplus \downarrow \swarrow \uparrow \rightarrow = 0.6$

c. $R \uparrow 3 \oplus \oplus \downarrow \swarrow \neq = 0.7$

d. None of the above


46. The gymnast throws both clubs, she performs split leap with ring  , catches one of the clubs during the jump, and the second club drops to the floor and the gymnast retrieves it immediately. What is the penalty, who gives this penalty and is the difficulty valid or not?

- a. 0.3 E Judge, difficulty not valid.
- b. 0.1 D Judge, difficulty not valid.
- c. 0.3 D Judge, difficulty valid.
- d. 0.3 E Judge, difficulty valid.

47. Which statement is not correct?

- a. If the exercise accidentally stops for a long time due to a serious execution fault and the gymnast has no time to perform the elements declared on the form, there is no penalty for missed difficulties.
- b. For more than three “slow turn” difficulties per exercise: penalty by D Judge is 0.3 points.
- c. For insufficient use of space, penalty by E Judge 0.3 points.
- d. The length of each individual exercise is from 1'15” to 1'30”.

48. Which statement is correct?

- a. All pre-acrobatic elements must be performed without a stop position or with a very short stop during a catch of the apparatus.
- b. The pre-acrobatic element that was performed in a series cannot be performed once more in isolation as part of  .
- c. Pre-acrobatic elements can be performed once in an exercise
- d. All of the above are correct.

49. Which of the following pre- acrobatic elements are not authorized?

- a. Forward, backward and side rolls without flight
- b. Walkovers forward, backward, cartwheels without flight
- c. Support on one or two hands or on the forearms without any other contact with the floor, without walkover/cartwheels and with possible stopping in the vertical position.
- d. Walkovers performed with different types of support (on the chest, on the shoulders, on the hand(s)) are considered as different pre-acrobatic elements.

50. Which statement is not correct: Apparatus Mastery (M) consists of apparatus element combinations:

- a. With or without throw
- b. With a risk of loss
- c. Unnecessary including non-ordinary/non original apparatus elements
- d. Mastery is valid only when performed without any execution penalty.

RIBBON

1. What is the Penalty by the Coordinator judge?

- a) 0.10 - Ribbon passes the boundary of the floor area without touching the carpet
- b) 0.10 - Ribbon crossing of the boundary of the floor area touching the carpet
- c) 0.20 - If the gymnast lost the ribbon at last moment and the ribbon leaves the floor area after the end of the exercise and the end of the music
- d) None of these answers

2. Which of the following statements is correct?

During throw gymnast made mistake and ribbon leaves the floor area

- a) Use a replacement Ribbon is allowed
- b) The gymnast may only use a replacement Ribbon which has been passed by the coach
- c) Use a replacement Ribbon is not allowed
- d) No penalty for Ribbon leaving the floor area

3. Which of the following answers is correct?

If the Ribbon falls and leaves the floor area, gymnast uses a replacement apparatus, penalty will apply:

- a) 0.50 – by Execution Judge for loss of the Ribbon, regardless of how far the gymnast is from replacement apparatus
0.30 – by Coordinator Judge for ribbon leaving the floor area
- b) 0.70 – by Execution Judge for loss of the Ribbon regardless of how far the gymnast is from replacement apparatus
No Penalty – by Coordinator Judge
- c) 0.70 – by Execution Judge for loss of the Ribbon, regardless of how far the gymnast is from replacement apparatus
0.30 – by Coordinator Judge for ribbon leaving the floor area
- d) None of these answers

4. Which of the following answers is not correct?

If the Ribbon gets caught in the small beams of the ceiling:

- a) The gymnast will be allowed to start the exercise over
- b) The gymnast will not be authorized to start the exercise over
- c) The gymnast will not be penalized for the Ribbon caught in the small beams of the ceiling
- d) The gymnast will be penalized for the consequences of various technical errors

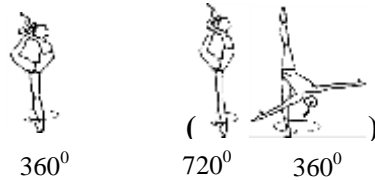
5. How many Jump/Leap Difficulties must be in a Ribbon exercise?

- a) Minimum 4
- b) Minimum 2 and maximum 4
- c) Minimum 1
- d) None of these answers

6. What is the penalty for Ribbon exercise with 3 Jump/Leaps, 2 Balances and 4 Rotations? Who deducts it?

- a) 0.30 + 0.30 - C judges
- b) 0.00 - C judges
- c) 0.30 + 0.30 + 0.30 - C1 judge
- d) No penalty

7. In the Ribbon exercise the gymnast performs Difficulties in this order. Is it possible?



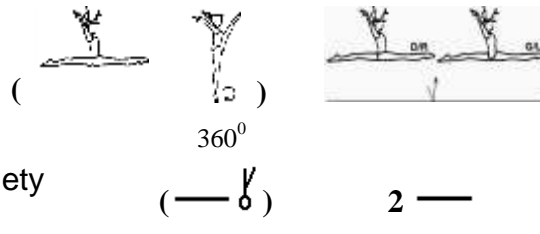
- a) Yes
- b) No, both are canceled
- c) First Rotation Difficulty –Yes,
- Second Rotation Difficulty – first Pivot canceled
- d) First Rotation Difficulty –Yes,
- Second Rotation Difficulty – first Pivot and 0.10 for connection canceled

8. In the Ribbon exercise the gymnast performs Difficulties in this order. Is it possible?



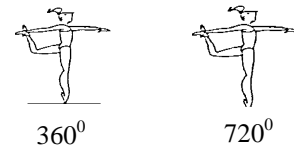
- a) Yes
- b) No, both are canceled
- c) First Rotation Difficulty –Yes,
- Second Rotation Difficulty – first Pivot canceled
- d) First Rotation Difficulty –Yes,
- Second Rotation Difficulty – first Pivot and 0.10 for connection canceled

9. In the Ribbon exercise the gymnast performs Difficulties in this order. Is it possible?



- a) No
- b) Yes
- c) Yes, but there is a penalty for insufficient variety
- d) The second Difficulty is canceled

10. In the Ribbon exercise the gymnast performs Pivots Difficulties in this order. Is it possible?



- a) Yes
- b) No, both are canceled
- c) Yes, but there is a penalty for insufficient variety
- d) The second Pivot Difficulty is canceled

11. Which of the following statements is not correct? Multiple Rotation Difficulty (Pivots):

- a) All Pivots counts as 1 Difficulty
- b) Each component counts as 1 Difficulty
- c) It means 2 or more Rotations with different shapes
- d) No bonus given for connection

12. Which of the following statements is correct?

Multiple Rotation Difficulty ("Fouette"):

- a) Each Pivot counts as 1 Difficulty
- b) 2 or more Pivots with identical shapes counts as 1 Difficulty;
Pivots with different shapes - each Pivot counts as 1 Difficulty
- c) Each connection between the "Fouette" Pivots +0.20
- d) No bonus is given for connection in "Fouette" Pivots

13. Which of the following statements is not correct?

- a) Multiple Rotation Difficulty (Pivots) – connected without heel support
- b) Mixed Difficulty there are 2 or more different Difficulties from the same or different groups of the body movements
- c) Each connection in Mixed Difficulty without interruption +0.10
- d) All answers are not correct

14. In the Ribbon exercise the gymnast performs "Fouette" Pivots in this order

$(\overset{\uparrow}{\circ} 122)$ and $(\overset{\uparrow}{\circ} 22)$. Is it possible?

- a) Yes
- b) No, both are cancelled
- c) Yes, but there is a penalty for insufficient variety
- d) The second Pivot Difficulty is cancelled

15. In the Ribbon exercise the gymnast performs "Fouette" Pivots in this order

$(\overset{\uparrow}{\circ} 12 \overset{\uparrow}{\circ} 11)$ and $(\overset{\uparrow}{\circ} 22)$ and $(\overset{\uparrow}{\circ} 11)$. Is it possible?

- a) Yes
- b) No, the first Difficulty is cancelled
- c) No, the second Difficulty is cancelled
- d) No, the second and the third Difficulty are cancelled

16. What are the values of the following Pivots in this order in the Ribbon exercise?



- a) 0.80 / 0.50 / 0.50
- b) 0.80 / 0.50 / 0.00
- c) 1.00 / 0.00 / 0.00
- d) 0.80 / 0.00 / 0.00

17. Which of the following statements is not correct?

- a) Multiple Rotation Difficulty (Pivots) = 2 or more Rotations with different shapes
- b) Each shape included in the Pivot must have a rotation of 360° minimum
- c) The transition from one shape to the other during the Pivots must be performed most directly possible
- d) None of these statements is correct

18. Which of the following answers is not correct?

- a) Different pivots are pivots with an identical shape but with a different number of Rotations
- b) Different pivots are pivots with different shapes
- c) The transition from one shape to the other during the Multiple Rotation Difficulty (Pivots) is free
- d) The transition from one shape to the other during the Multiple Rotation Difficulty (Pivots) must be performed without heel support and the most directly possible

19. Which of the following answers is not correct?

- a) In the series of identical pivots (3 maximum), the Pivots are performed one after another without interruption and only with heel support
- b) Each component of the series counts as one Difficulty
- c) Each component of the combination of identical "Fouettes" counts as a Difficulty
- d) In the case of an interruption in the Pivots (slide or hop), the Value of the Pivots already performed prior to the interruption will be valid

20. Rotation Difficulties performed without being connected with a minimum 1 Fundamental Technical element specific to the Ribbon. Are they valid?

- a) Yes, if they have a fixed and well defined shape
- b) Yes, if the performed with an element from the other Technical apparatus groups specific to Ribbon
- c) They do not counted as a Difficulty
- d) None of these answers

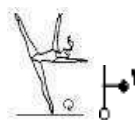
21. Each component of a Multiple Rotation Difficulty (Pivots) and Mixed Difficulty must be performed with a minimum 1 Fundamental Technical element and/or an element from the other Technical apparatus groups specific for Ribbon

- a) Yes, if they are performed with heel support
- b) Yes, if they are performed without heel support
- c) Yes, if they are performed without intermediary step
- d) None of these answers

22. What is the value for the following Body Difficulty?

Pivot side scale with split, without help performed with large circle of the Ribbon

- a) 0.50
- b) 0.40
- c) 0.00
- d) None of these answers







23. Which is the symbol for the following apparatus movements?





- Roll of the Ribbon stick on the part of the body

- a)
- b)
- c)
- d)





24. Which of the following movements is not Fundamental Technical group specific for Ribbon?

- a) 
- b) 
- c) 
- d) 

25. Which of the following movements does not belong to the Other Apparatus Technical Groups for Ribbon?

- a) 
- b) 
- c) 
- d) 

26. Which of the following movements is not Fundamental Technical group specific for Ribbon?

- a) 
- b) 
- c) 
- d) 

27. To what Technical Group (Fundamental or Other) the next Technical movement with Ribbon belongs:

- series (minimum 3) of small circles

- a) Fundamental
- b) Other
- c) Not specific for Ribbon
- d) All answers are not correct

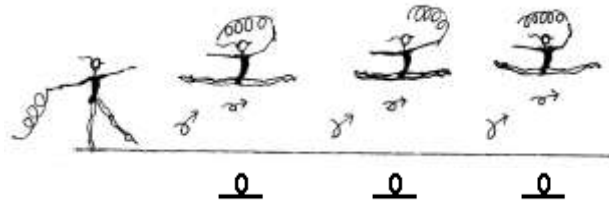
28. Is it possible for Ribbon exercises to perform stag leaps in ring taking-off from 1 foot and then taking-off from 2 feet with Fundamental Technical Apparatus movements?

- a) Yes, the value of the jumps is the same and they are considered as different jumps
- b) Yes, the value of the jumps is different and they are considered as different jumps
- c) No, both jumps will be cancelled; the value of the jumps is different and they are considered as the same jumps
- d) No, the second jump will be cancelled; the value of the jumps is the same and they are considered as the same jumps



29. Gymnast performs 3 (series) turning split leaps with spirals of the Ribbon during each of the leaps.

What is the value of this Body Difficulty?



- a) $0.30 + 0.10 + 0.30 + 0.10 + 0.30 = 1.40$
- b) $0.30 + 0.30 + 0.30 = 0.90$
- c) $0.30 + 0.30 = 0.60$
- d) 0.30

30. Which of the following Rotations (360°) is the Difficulty of 0.30 point value?

- a)
- b)
- c)
- d)

31. What are the values of the Rotation Difficulties (360°) with back bent of the trunk?



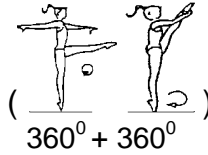
- | | | | | |
|----|-------|-------|-------|------|
| a) | 0.10; | 0.20; | 0.40; | 0.40 |
| b) | 0.10; | 0.30; | 0.40; | 0.50 |
| c) | 0.10; | 0.30; | 0.50; | 0.40 |
| d) | 0.10; | 0.30; | 0.40; | 0.40 |

32. What are the values of the following Rotation Difficulties (360°)?



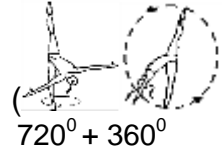
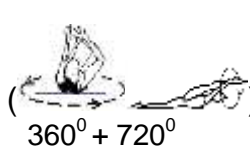
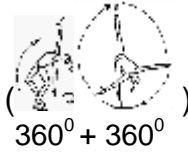
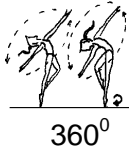
- | | | | | |
|----|-------|-------|-------|------|
| a) | 0.30; | 0.10; | 0.40; | 0.50 |
| b) | 0.30; | 0.10; | 0.50; | 0.50 |
| c) | 0.30; | 0.30; | 0.40; | 0.50 |
| d) | 0.30; | 0.30; | 0.40; | 0.40 |

33. What are the values of the following Rotation Difficulties?



- a) 0.80; 0.50; 0.40; 1.20
- b) 0.80; 0.50; 0.40; 0.40
- c) 0.60; 0.50; 0.50; 0.60
- d) 0.80; 0.50; 0.60; 0.80

34. What are the values of the following Rotation Difficulties?



- a) 0.30; 0.40; 1.10; 1.20
- b) 0.30; 0.20; 0.80; 0.90
- c) 0.30; 0.30; 0.90; 1.00
- d) 0.30; 0.30; 1.00; 1.30

35. Gymnast performs continuous connected folklore dance steps during 8 seconds with travelling with large throw of the Ribbon

What is the value of this Dance Steps Combination $S \rightarrow$?

- a) 0.50
- b) 0.30
- c) 0.10
- d) 0.00

36. Which is the maximum number of the Dynamic Elements with Rotation and

throw (R) can be in the exercise?

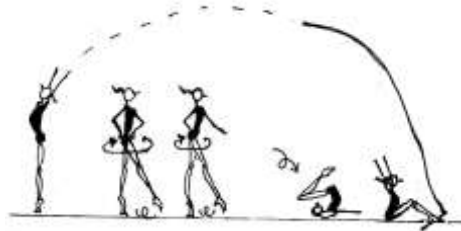
- a) Maximum 3
- b) Maximum 1
- c) No limit
- d) None of these answers

37. Which is the value of the following Dynamic Elements with Rotation and

throw (R):

- Throw of the Ribbon without visual control, 2 chainèe, then 1 roll and catch the Ribbon immediately on the floor without hands

- a) 0.60
- b) 0.50
- c) 0.40
- d) 0.30



38. Which is the value of the following Dynamic Elements with Rotation and

throw (R):

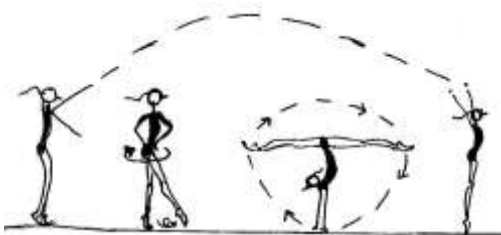
- Large boomerang throw of the Ribbon, 1 chainèe 1 roll and the gymnast catches the stick of the Ribbon on the floor

- a) 0.00
- b) 0.10
- c) 0.20
- d) 0.30



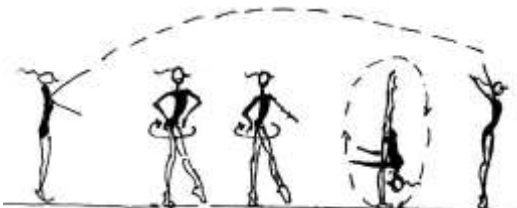
39. In the Ribbon exercise the gymnast performs Dynamic Elements with Rotation and

throw (R) in this order



Throw of the Ribbon, 1 chainèe, 1 walkover forward

and then



Throw of the Ribbon, 2 chainèes, 1 illusion

- a) 0.20; 0.30
- b) 0.20; 0.00
- c) 0.20; 0.20
- d) 0.10; 0.30

40. Which is the value of the following Dynamic Elements with Rotation and

throw (R):

- Throw of the Ribbon without hands and without visual control during illusion forward, 2 rolls, catch lying on the floor with feet

- a) 0.40
- b) 0.50
- c) 0.60
- d) 0.70



41. What is the Total Penalty?

During the Ribbon exercise the gymnast makes the following mistakes:

- Knot in the Ribbon with interruption of the exercise
- Sliding of the foot during the 2 Rotations
- Absence of unity between the music and the exercise composition during a part of the exercise
- Heavy landing in the pre-acrobatic element

- a) 1.20
- b) 1.10
- c) 1.00
- d) 0.90

42. What is the Total Penalty?

During the Ribbon exercise the gymnast makes the following mistakes:


- Spirals and snakes insufficiently tight during all exercise
- 3 times the end of the ribbon stays on the floor during a throw
- Absence of body and facial expression in the majority of the exercise

- a) 0.70
- b) 0.80
- c) 1.00
- d) 1.60


43. In the Ribbon exercise the gymnast performs “Cossack” Pivot 1440⁰  and during the last rotation totally loses balance with fall.

What is the value of the Pivot Difficulty and what is the Execution Penalty?

- a) D - 0.60; E - 0.70
- b) D - 0.60; E - 0.50
- c) D - 0.40; E - 0.70
- d) D - 0.00; E - 0.70

**44. In the Ribbon exercise the gymnast performs “Penche” Rotation 1080⁰  , the last rotation was not complete and the gymnast finishes element with 1 step
What is the value of the Rotation Difficulty and what is the Execution Penalty?**

- a) D - 0.80; E - 0.30
- b) D - 0.60; E - 0.30
- c) D - 0.80; E - 0.10
- d) D - 0.00; E - 0.30

**45. In the Ribbon exercise the gymnast performs “Attitude” Pivot 1440⁰  , during the last rotation the gymnast makes hoop.
What is the value of the Pivot Difficulty and what is the Execution Penalty?**

- a) D - 0.00; E - 0.30
- b) D - 0.90; E - 0.10
- c) D - 0.90; E - 0.30
- d) D - 1.20; E - 0.10

46. What is the Execution Penalty if the gymnast performs Pivot in “Releve” and makes support on the heel during a part of the rotation?

- a) 0.10
- b) 0.30
- c) 0.50
- d) No penalty

47. What is the Penalty for “Lack of balance between right/left hand work with Ribbon”?

- a) 0.10
- b) 0.20
- c) 0.30
- d) 0.50

48. What is the Total Penalty?

During the Ribbon exercise the gymnast makes the following mistakes:

- Loss of the Ribbon at the end of the exercise (no contact)
- Alteration of the patens of the Ribbon 2 times
- Involuntary wrapping around the leg with interruption in the exercise
- Loss of balance: additional movement with travelling
- Axis of the body is not at the vertical and ending Rotation with 1 step

- a) 1.40
- b) 1.50
- c) 1.60
- d) 1.80

49. What is the Total Penalty?

During the Ribbon exercise the gymnast makes the following mistakes:

- Loss of the Ribbon and retrieval without travelling
- Imprecise trajectory and catch in flight with 2 steps
- 1 time hop during the rotation of the Pivots
- 4 times absence of harmony between the rhythm of the music and the movement

- a) 1.10
- b) 1.20
- c) 1.30
- d) 1.40

50. What is the Total Penalty?

During the Ribbon exercise the gymnast makes the following mistakes:

- Incorrect catch of the Ribbon with 2 hands
- Statism of the gymnast during a throw
- Shape not well-defined during Rotation
- Imprecise trajectory and catch in flight with 3 or more steps

- a) 0.90
- b) 0.80
- c) 0.70
- d) 0.60

GROUP

1. The placing of the group on the floor area is done with musical accompaniment.
 - a 0.50 Coordinator Judge
 - b 0.20 Coordinator Judge
 - c 0.50 Execution Judge
 - d None of these answers is correct

2. At the beginning of the exercise, one gymnast remains without apparatus for longer than 4 seconds.
 - a 0.30 Coordinator Judge
 - b 0.30 Execution Judge
 - c 0.50 Execution Judge
 - d None of these answers is correct

3. At the end of the exercise, an apparatus of one gymnast breaks and the gymnast ends the exercise with the broken apparatus
 - a 0.30 Execution Judge
 - b 0.70 Execution Judge
 - c 0.30 Coordinator Judge
 - d 0.70 Coordinator Judge

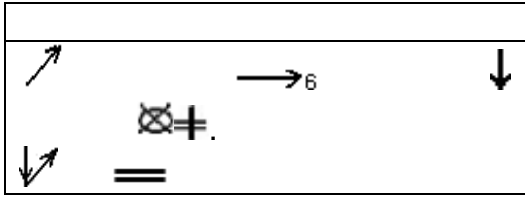
4. In the final position several gymnasts are not in contact with the apparatus
 - a 0.30 Execution Judge
 - b 0.50 Coordinator Judge
 - c 0.30 Coordinator Judge
 - d No penalty

5. What is the total penalty for the absence of harmony between music-movement at the end of the exercise, due to a loss of the apparatus?
 - a 0.30
 - b 0.80
 - c 1.00
 - d 0.50

6. At the end of the exercise, the apparatus of one gymnast fall out the floor area and one gymnast ends her exercise outside the floor area
 - a 0.50 (Execution Judge) + 0.30+0.30 (Coordinator Judge)
 - b 0.70 (Execution Judge) + 0.30+0.30 (Coordinator Judge)
 - c 0.70 + 0.30 (Execution Judge) + 0.30 (Coordinator Judge)
 - d None of these answers is correct

7. 2 gymnasts of the group perform a Pivot Difficulty “ D”, other 2 gymnasts perform a Difficulty Jump “C” and one gymnast an balance “D” .
Which is the total value of the Difficulty for the Group ?
- 0.40
 - $0.40 + 0.10$
 - 0.00
 - $0.00 + 0.30$ Penalty by the Difficulty (D) Judge
8. What is the penalty for the group that declares in the official form 11 difficulties, of which 6 difficulties with exchange?
- $0.50 + 0.50$
 - 0.50
 - $0.50 + 0.30$
 - None of these answers is correct
9. The value of one Difficulty, on the official form, is incorrect: what is the penalty?
- 0.20
 - 0.50
 - 0.30
 - No penalty
10. At the same time, three gymnasts perform a Pivot Difficulty «D», other two gymnasts perform a mixed Balance Difficulty , value «C». Which is the total value of the Difficulty for the Group ?
- 1.00
 - 0.70
 - 0.30
 - 0.00
- 11 During a balance Difficulty, 3 gymnasts don't maintain a fixed shape and 2 gymnasts make an additional movement without travelling
- 0.00 value of the Difficulty + 0.10 + 0.20 execution penalties
 - valid Difficulty + 0.10 + 0.20 execution penalties
 - 0.00 value of the Difficulty + 0.30 + 0.20 execution penalties
 - valid Difficulty + 0.30 + 0.20 execution penalties
- 12 During an exchange, after a collision between 2 apparatus, one gymnast retrieves her apparatus after 3 steps, while the other one retrieves her apparatus after 1 step. What is the total penalty?
- 0.70
 - 1.00
 - 0.90
 - None of these answers is correct

13. 5 gymnasts throw their apparatus outside the visual field, without the help of the hands, at a distance of 6 meters and catch the apparatus of the partners on the floor distance after a Re-throw, but one gymnast isn't on the floor. What is the value of this exchange?



- a 0.60
b 0.50
c 0.70
d None of these answers is correct
14. During an exchange with 3 balls and 2 hoops, the 5 gymnasts throw their apparatus during a body movement element at a distance of 6 meters. 3 gymnasts catch the apparatus of their partners on the floor, and 2 gymnasts catch their apparatus without the help of the hands, after a rotation element. What is the value of this exchange?
- a 0.40
b 0.50
c 0.30
d 0.60
15. During an exchange, one gymnast doesn't perform the body movement element during the throw or the catch without the help of the hands. What is the total value of this exchange?
- a 0.20
b 0.30
c 0.00
d None of these answers is correct
16. During an exchange with 5 balls, all the gymnasts throw and catch the apparatus with a body movement element, but 3 gymnasts throw their apparatus without the help of the hands and 2 gymnasts catch the apparatus of their partners with the help of 2 hands. What is the value of this exchange?
- a 0.20
b 0.30
c 0.00
d None of these answers is correct
17. What is the penalty for group declaration of 11 difficulties: 4 difficulties with exchange performed: 2 with catch on the floor and 2 with a distance of 6 meters?
- a $0.50 + 0.30 + 0.30$
b $0.50 + 0.30$
c $0.50 + 0.50 + 0.30$
d None of these answers is correct

18. What is the penalty for group declaration of 2 risks and the exercise does not have Dance Steps Combination?
- a 0.30 + 0.50
 - b 0.50 + 0.50
 - c 0.50
 - d None of these answers is correct
19. During an element with collaboration, one gymnast remains without the apparatus for more than 4 seconds.
- a 0.30 Execution Judge + 0.00 the value of the element with collaboration (Difficulty Judge)
 - b 0.30 Difficulty Judge
 - c 0.30 Execution Judge
 - d None of these answers is correct
20. During an element with collaboration, one gymnast catches the apparatus from her partner after 2 steps.
- a element with collaboration is valid plus execution penalty
 - b element with collaboration is not valid plus execution penalty
 - c element with collaboration is valid without execution penalty
 - d element with collaboration is not valid without execution penalty
21. Which is the value of the following element with collaboration?
Throw of 2 apparatus from a gymnast lifted by 4 partners and catch of 1 apparatus after performing one body rotation element (with the help of the partners) under the flight of the apparatus with loss of visual control of the same apparatus?
- a 0.20 + 0.20
 - b 0.20 + 0.30
 - c 0.30 + 0.30
 - d None of these answers is correct
22. During an element with collaboration, 2 gymnasts throw their apparatus and under the flight, they perform a body rotation element leaning on 2 partners, with the loss of visual control of the same apparatus and after catch the apparatus from their partners. What is the value of the elements of collaboration?
- a 0.20
 - b 0.30
 - c 0.40
 - d None of these answers is correct
23. In an exercise with 5 ropes, one gymnast is carried leaning on the ropes by two gymnasts during three steps. What is the penalty and is the collaboration valid?
- a 0.30 Difficulty Judge - yes
 - b 0.30 Execution Judge - no
 - c 0.30 Execution judge . yes
 - d None of these answers is correct

24. At the same time, all the gymnasts perform a pre-acrobatic element with a forward walkover and one gymnast performs the element with a stop in the vertical position. What is the penalty?
- a 0.50
 - b 0.30
 - c 0.50
 - d 0.30
25. In an exercise with 3 balls and 3 ribbons, 2 gymnasts perform \mathcal{R}^{\uparrow} with a static position of the ball during a series of forward rolls, and one gymnast adjusts her position during the \mathcal{R}^{\uparrow} catch.
- a $0.30 + 0.30 + 0.10$
 - b $0.30 + 0.30 + 0.10$ and the Risk is not valid
 - c $0.30 + 0.10$ and the Risk is not valid
 - d None of these answers is correct
26. During travelling of the gymnasts, who execute a series of jumps, there is an inaccuracy in the travelling direction and 3 gymnasts doesn't maintain the amplitude in the shape of the jump. What are the penalties?
- a $0.10 + 0.30$
 - b $0.10 + 0.10$
 - c $0.30 + 0.10$
 - d None of these answers is correct
27. In an exercise with 3 hoops and 2 ribbons, the gymnasts throw their apparatus. After, 2 gymnasts catch the hoops with contact with the arm, 1 gymnast catches the hoop after 2 steps and 2 gymnasts execute a wrapping around the body with interruption of the exercise. What is the total penalization?
- a 1.00
 - b 1.20
 - c 1.10
 - d 0.70
28. During a jump by 3 gymnasts: lack of synchronization in the speed and incorrect position of the leg. What are the penalties?
- a $0.10 + 0.10$
 - b $0.30 + 0.30$
 - c $0.10 + 0.30$
 - d $0.30 + 0.10$
28. During the exercise with 5 ribbons, 2 gymnasts have a knot in the ribbon. They open the knot and follow the exercise after an interruption in the exercise. What are the execution penalties?
- a $0.30 + 0.30$
 - b $0.10 + 0.10$
 - c $0.50 + 0.50$
 - d None of these answers is correct

30. Total lack of variety in the collective work and long stop in a formation. What are the penalties?

a $0.10 + 0.30$

b $0.30 + 0.10$

c $0.50 + 0.30$

d None of these answers is correct

TECHNICAL REGULATIONS

1. Which of the following statements is not correct?

- a) The Code of Points are developed by the RG/TC-FIG
- b) The Code of Points must be read in conjunction with the Technical Regulations
- c) The Code of Points must be approved by the Council of the FIG
- d) The Code of Points deal with the assessment of exercises; the combination and content of exercises; deductions for faulty performance; disciplinary measures for breaches by the coaches, gymnasts and judges; details of the organization and control of the competition

2. Which of the following statements is not correct?

- a) There are two competitions in RG Olympic Games (OG) program:
the All-Around Individual Competitions and the Group Exercises Competitions
- b) Entry for the OG competitions is restricted by qualification
- c) The program consists of the 4 exercises according to the regulations of Competitions II for the World Championships
- d) The best 8 gymnasts from the Qualifying OG Competitions take part in the Final Competitions

3. Which of the following statements is not correct?

- a) Olympic Games Qualifying Competition: the classification is decided by adding the best 3 scores obtained on 4 items of apparatus
- b) OG – the gymnasts begin each Competition with zero points
- c) The gymnast with the highest score at the Final is the Olympic Champion
- d) In case of a tie at any place the ties are broken according to the special criteria

4. Which of the following statements is not correct?

- a) Youth Olympic Games (YOG) take place every 4 years
- b) IOC competence – fix the number of judges
- c) IOC competence – fix the number of participants per discipline (based on total quota)
- d) FIG competence – fix the age limit for each discipline

5. Which of the following statements is correct?

- a) The 1st year after the OG: Open World Championships for Groups, General competitions and Finals
- b) The 2nd year after the OG: Open Individual World Championships – 2 gymnasts per Federation (Competitions II and III)
- c) The 3rd year after the OG: Open Individual World Championships;
the 1st qualification for OG - Open World Championships for Groups
- d) The 3rd year after the OG: Open World Championships for Groups (20 best ranked Groups of the previous World Championships)

6. Which of the following statements is not correct?

- a) The organization of Continental Championships and other Continental competitions is the prerogative of the respective Continental Union
- b) The FIG is entitled to send delegates to these events
- c) Representatives of the FIG have not the authority to intervene
- d) The program and order of working are based on the Technical Regulations of the Continental Unions

7. Which of the following statements is not correct?

- a) The program and running procedure of the International competitions between federations and International Tournaments are decided by the TC/RG-FIG based on the provisions fixed in the Technical Regulations
- b) The program and running procedure of the International competitions and Tournaments are decided by the organizing federation, but based on the provisions of these Regulations
- c) They can be organized in accordance with the Technical Regulations
- d) Technical Regulations must include the following points:
 - time and place of the competitions
 - nature of the competitions
 - program
 - designation of the winner
 - protocol ceremony and awards

8. Which of the following statements is not correct?

- a) National Federations have the right to organize exhibitions and publicity displays for the development of the RG
- b) The organization is the responsibility of the federation proposing the event
- c) Notification to the FIG is not necessary in cases where federations organize exhibitions and publicity displays involving their own gymnastics solely
- d) Big events of this nature must be brought to the notice of the FIG at least 2 years before they are held

9. Which of the following statements is not correct?

Entry procedure for World Championships:

- a) The Provisional Registration form must be sent to the Secretary General at least 6 months before the date of the competition
- b) The Definitive Registration form must be sent to the Secretary General at least 3 months before the date of the competition
- c) The Nominative List of gymnasts must be in the hands of the Secretary General at least 4 weeks before the start of the competition
- d) The Nominative List of gymnasts must contain the apparatus chosen for Competition I and the starting order of 3 the gymnasts with indication of the proposed day

10. Which of the following statements is not correct?

- a) At the dead line of the Nominative Registration the names of the gymnasts have to be declared
- b) After draw no gymnasts can be added to the number of gymnasts as declared in the Definitive Registration
- c) In case of injuries or illness between the time of accreditation and until 24 hours prior to the beginning of Competition I (qualifications), the federation is allowed to change the accreditations. The gymnast injured or ill must return his accreditation and a other gymnast can be accredited
- d) In case of injuries or illness between the time of accreditation and until 60 minutes prior to the beginning of Competition I (qualifications), the federation is allowed to change the accreditations. The gymnast injured or ill must return his accreditation and a other gymnast can be accredited

11. Which of the following statements is not correct?

World Championships:

- a) Competitions schedules must be not begin earlier than 10:00 and end later than 23:00
- b) For RG the competition hall must have a minimum high of 10 meters (recommendations: from 10 to 14 m)
- c) Compulsory working competition surfaces are 13 by 13 m (exterior of the line) and a safety zone (also carpeted of 50 cm width as a minimum) must be provided along the edge of the floor area
- d) The safety distance between the competition working surface and the spectators must be at least 4 meters

12. Which of the following statements is not correct?

World Championships:

- a) Several training halls must be available for pre-competition training. For the training halls it is not compulsory to have the regulation type floor area covered with requisite type of carpet
- b) The gymnasts (including groups) are obliged to have their apparatus checked before each exercise of the competition
- c) A sound system for the musical accompaniment must be available in each training hall
- d) Training sessions before competition: 2 hours per day for federations participating in a single competition (Individual or Group exercises); 3 hours per day for federations participating in 2 competitions (Individual or Group exercises)

13. Which of the following statements or penalties is not correct?

- a) Advertising on the leotard must respect the FIG rules
- b) The penalty for not conforming advertising is 0.50 of the Judge D1 (Difficulty Judge)
- c) The emblem of the country on the leotard is compulsory
- d) The penalty for not conforming emblem 0.30 point of the Judge D1 (Difficulty Judge)

14. Which of the following statements is not correct?

World Championships:

- a) No reserve gymnast will be able to be registered in addition to the gymnasts composing the team in Individual program Competition I
- b) In case of sick or injured gymnast inscribed for 1 of the apparatus may be replaced by a teammate on the condition that the gymnast replacing her has not already performed her exercise with that same apparatus
- c) One reserve gymnast is able to be registered in addition to the gymnasts composing the team in Group exercises
- d) In case of emergency, replacement will be authorized up to 10 minutes prior to the start of the General Competitions and Finals

15. Which of the following statements is not correct?

- a) All gymnasts (juniors and seniors) must be in possession of a valid FIG License in order to be eligible to participate in International competitions
- b) The License shall be valid for four years
- c) The Organizing Committees of the International competitions must control Licenses of all gymnasts at the latest at the nominative entry deadline
- d) The gymnast who do not present a valid FIG License at accreditation shall not be allowed to compete at the International competitions

Judge's Rules

1. Which of the following statements is not correct?

- a) To be considered as active during an Olympic cycle, the judges have to attend an official FIG judge's course at the beginning of or during each respective cycle
- b) Participates of the Intercontinental or International Judge's Course have to know one official FIG language
- c) To be eligible to participate in a Judge's Course, the candidates have to be designated by this National Federation
- d) A judge, who does not renew her brevet during a cycle and wishes to continue her career as a judge after interruption, does not have to start the whole procedure again from the beginning (Cat. IV)

2. Which of the following statements is not correct?

- a) Each judge has to bring her logbook and the brevet only to the OG and World Championships
- b) Each judge has to bring the RG Code of Points, the Technical Regulations and the Symbol booklet to each International competition approved by the FIG
- c) Only International competitions approved by the FIG may be registered in the logbook
- d) If the FIG not receive the results or should an International competition not be approved, the International competition shall not be taken into account

3. Which of the following statements is not correct?

- a) The International Judge's Course is organized every 4 years by the FIG
- b) Only judges of Category III and higher are permitted to participate in the International Judge's Course
- c) The International Judge's Course includes a theoretical and practical examination on Code of Points and Technical Regulations
- d) Judges, who have failed the examination and wish to try again, may do so by repeating the course and the theory examination. Such repetition is only allowed once per cycle

4. Which of the following statements is not correct?

In order to obtain an FIG brevet the candidate must:

- a) Be a member of the National Federation affiliated to the FIG and be designated by this federation to participate in the Intercontinental or an International Judge's Course
- b) Be a National judge of the highest category
- c) Have detailed knowledge of the Code of Points and Technical Regulations
- d) One single statement is correct

5. Which of the following statements is not correct?

To obtain and/or maintain the brevet Cat. IV the judge must:

- a) Be a member of the National Federation affiliated to the FIG
- b) Be designated by the National Federation to participate in an International Judge's Course
- c) Be registered on the list of International FIG RG judges; this list is sent by the National Federation affiliated to the FIG
- d) Participate in an International Judge's Course and achieve an average good result on the theory plus practical exam

6. Which of the following statements is not correct?

Competence of judges with brevet Cat. IV:

- a) Judge Difficulty and Execution at International competitions Group 4
- b) Judge Execution at International competitions Group 4
- c) Judge Difficulty and Execution at International competitions Group 5
- d) Judge Execution at International competitions Group 3

7. Which of the following statements is not correct?

Conditions to raise and/or maintain brevet Cat. III:

- a) Request of the judge's National Federation for upgrade with a copy of judge's logbook
- b) Hold the brevet Cat. IV during the previous Olympic cycle
- c) Participation in an Intercontinental or International Judges` Course with passing the theory and practical exam with an average score of minimum 8.50 point, no score below 7.50
- d) Have judged at least 2 International competitions registered by the FIG, without sanctions

8. Which of the following statements is not correct?

Competence of judges with brevet Cat. III:

- a) Judge Difficulty and Execution at International competitions Group 5
- b) Judge Difficulty and Execution at International competitions Group 4
- c) Judge Execution at International competitions Group 3
- d) Judge Execution at International competitions Group 2

9. Which of the following statements is not correct?

Conditions to raise and/or maintain brevet Cat. II:

- a) Hold a brevet Cat. III during 2 consecutive years
- b) Raise category: have judged a minimum of 3 International competitions (including two of them from group 1- 3 in the cycle just completed)
- c) Not have received any sanctions during the previous cycle
- d) Passing the theory exam at Intercontinental or International Judge's Course with score minimum 80 % and practical exam Difficulty and Execution with score minimum 85 % each.

10. Which of the following statements is not correct?

Competence of judges with brevet Cat. II:

- a) Judge Difficulty and Execution at International competitions Groups 4 and 5
- b) Judge Difficulty and Execution at International competition Group 3
- c) Judge Difficulty and Execution at International competition Group 2
- d) Judge Difficulty only at International competition Group 1

11. Which of the following statements is not correct?

Conditions to raise and/or maintain brevet Cat. I:

- a) Hold a brevet Cat. III for the past 6 years or be in possession of Cat. II brevet.
- b) Raise category: have judged a minimum of 4 International competitions (including one of them from group 1- 2 in the cycle just completed)
- c) Participate in the Intercontinental or International Judges` Course
- d) Passing the theory exam with score 90 % minimum

12. Which of the following statements is not correct?

Confirmation of brevet Cat. I:

- a) Hold a brevet Cat. I during preceding cycle
- b) Not have received any sanctions during preceding cycle
- c) Have judged a minimum 6 International competitions including 3 World championships
- d) Passing theory exam during Intercontinental Judge's Course with 90 % score

13. Which of the following statements is not correct?

Competence of judges with brevet Cat. I:

- a) Judge Difficulty and Execution at International tournaments Group 1
- b) Judge Difficulty and Execution at International tournaments Group 2
- c) Judge Difficulty and Execution at International tournaments Group 3
- d) One single answer is not correct

14. Which of the following statements is not correct?

- a) The percentage of correct answers requested for each Category (excellent, very good, good, pass and fail) at the examination at the end of each course, is fixed by the Technical Committee
- b) In order to confirm the brevet, the judges must pass only the theory examination
- c) In order to obtain a higher brevet, the judge must pass the theory and practical examinations
- d) Judges who do not meet the minimum requirements will have their brevet downgraded

15. Which of the following statements is not correct?

- a) Judges with brevet Cat. I who fail at the examination or did not obtain the percentage of correct answers to maintain the Cat. I, may participate in any International Judge's Courses and retake the exam
- b) Judges with brevet Cat. II who fail at the examination or did not obtain the percentage of correct answers to maintain the Cat. II may participate in any International Judge's Courses and retake the exam
- c) Judges with brevet Cat. III who fail at the examination or did not obtain the percentage of correct answers to maintain the Category III may participate in any International Judge's Courses and retake the exam
- d) In this case the Cat. I, II or III cannot be maintained but the brevet will be downgraded to corresponding results obtained in examination.